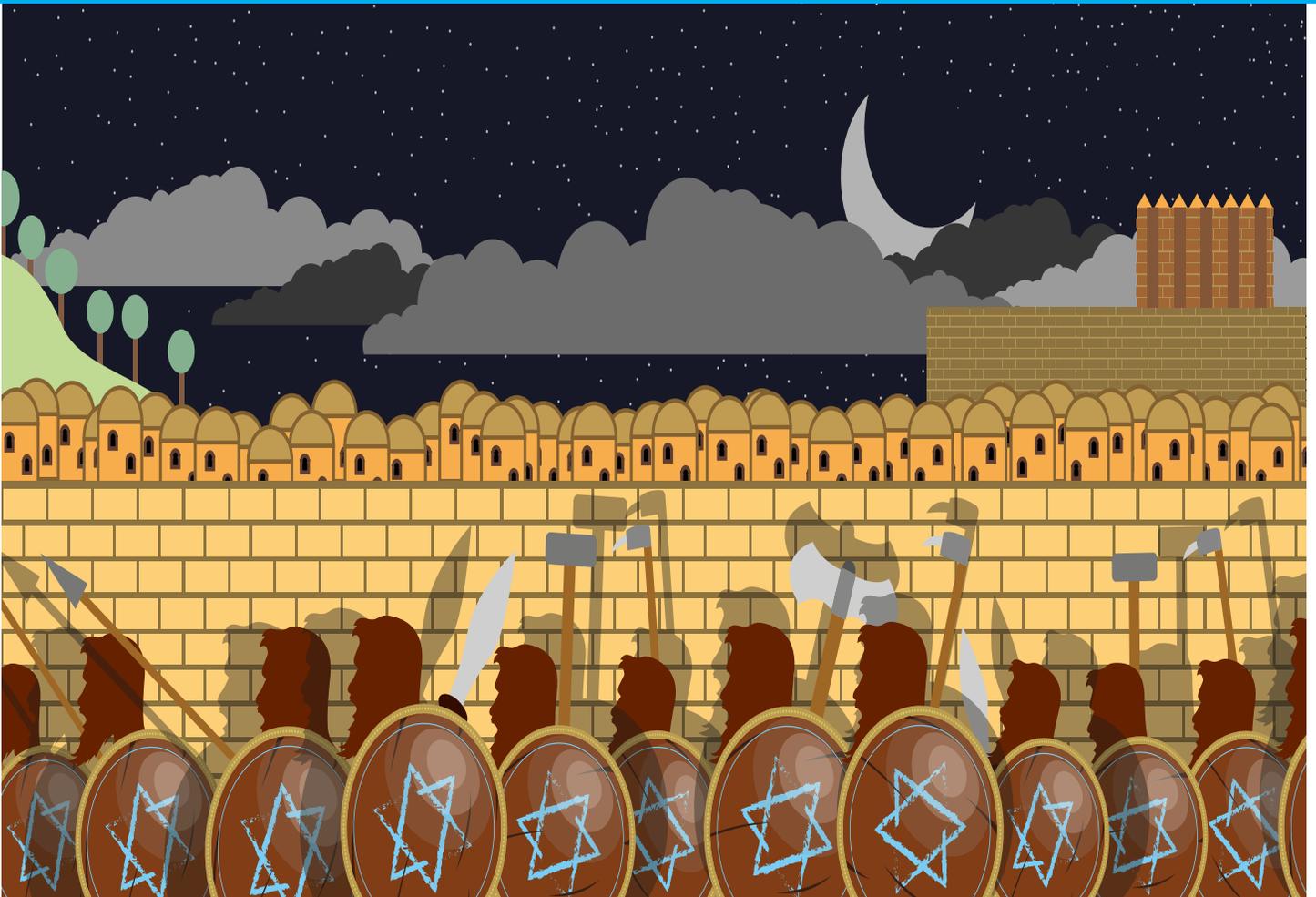


# THE VOICE

TEMPLE JUDEA  
PALM BEACH GARDENS FLORIDA

KISLEV/TEVET • 5780/DECEMBER 2019 • VOLUME 39/NUMBER 12

THE VOICE IS PUBLISHED MONTHLY BY TEMPLE JUDEA AT 4311 HOOD RD., PALM BEACH GARDENS, FL 33410



## *Modern Day Maccabees*

Rabbi Yaron Kapitulnik  
Rabbi Golan Ben-Chorin, Ed.D.  
Cantor Alicia Stillman  
Rabbi Joel L. Levine, D.D.  
*Rabbi Emeritus*

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Aileen and K Alexander  
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*in honor of Emily's child naming*

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Jody & Andrew Levy and  
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*in honor of Penelope Taylor Kittner's  
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*in honor of Jordy Brown's  
birthday and with love and  
best wishes for his move*

Jodi & Todd Stahl  
*in honor of Joshua's Bar Mitzvah*

## Welcome New Members

Cynthia and Mark Albers  
Elaine Bernstein  
Paula Conrad  
Elizabeth Ortman and William Kluender  
Judith and Irwin Wrubel

## December 2019 Schedule of Services

### Friday, December 6

5:45 pm Got Shabbat  
7:30 pm Legacy Shabbat

### Friday, December 13

5:30 Early Shabbat  
6:30 pm Shabbat Dinner  
*(Reservations Required)*  
7:30 pm Shabbat Worship  
followed by Oneg Bake-Off

### Friday, December 20

7:30 pm Shabbat Worship

### Friday, December 27

7:30 pm Shabbat Worship &  
Hanukkah Celebration  
followed by Latke Oneg

### Minyan

Every Monday & Thursday  
@ 9:30 am

### December B'nai Mitzvah

MIA STERNBERG  
December 7

# IF YOU SEE SOMETHING, SAY SOMETHING

**We take your security very seriously. Please  
report any suspicious behavior immediately.**

#### Office Hours:

Mon – Thu: 9:00 am - 4:00 pm

Fri: 9:00 am - 3:00 pm

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## Rabbi Yaron's Message



# Modern Day Maccabees

Close to 2200 years ago, a war over religious freedom took place in what we now call the land of Israel. It was a fierce war, led by a small group of Jews facing a much greater power. These Jews, the Maccabees, fought against all odds to secure their rights to freely believe and worship as they saw fit. They won this battle against all odds - and we celebrate their victory each year when we celebrate the festival of Chanukah.

Today, 2200 years after that war, in that same place, the state of Israel, another war for religious freedom is taking place. Once again, a small group of Jews are facing a much greater power and they too are fighting against all odds, fighting for their freedom to believe freely, to question, and to worship as they see fit.

These modern-day Maccabees are the lay leaders and congregants belonging to the Movement for Progressive Judaism in Israel who fight every single day to be able to worship as they wish without being demonized as a major threat to "the true Judaism" by state officials and many Israeli citizens. They do so despite discrimination and while being denied financial support that every other religious denomination receives from the Israeli government.

These modern-day Maccabees are the rabbis, both men and women, who fight fiercely for their right to be recognized by the State of Israel as fully ordained and qualified rabbis – spiritual leaders serving a rising demand in Israel. Rabbis who fight to receive the same equal rights as any other clergy in Israel, fighting for their right to officiate in marriages and burials and to lead people in the process of conversion into Judaism – and for these life cycle events to be legitimized and recognized as legally binding.

These modern-day Maccabees represent the vast majority of Israelis. They might

not identify themselves as Reform or Progressive Jews – but they are united in not wanting orthodox practices imposed upon them: be it the prohibition against public transportation on Shabbat, against selling bread on Passover or the shutting down of the train system in the middle of a busy working week in order to avoid maintenance work being done on Shabbat.

I believe the battle taking place these days in Israel should be perceived as being more urgent and even more relevant to the future of the State of Israel than the battles we hear about taking place between Israel and its enemies. I say this because I believe Israel is strong, and I believe that Israel will overcome any existential threat from the outside. However, this battle is an internal battle over the essence and the soul of the state, it's a battle we cannot afford to lose. It will determine not if the State of Israel will continue to exist, but rather what kind of state will it be? Which values will it promote? Will it continue to be a place that inspires us, that shines a light onto the nations?

**As I have shared in the past, I want our temple to be a place, that doesn't just talk but that goes an extra step, and acts. And as such I am proud to share with you that Temple Judea has made a pledge to support the efforts of our brothers and sisters, the modern-day Maccabees in Israel. This Chanukah we are adding a drop of oil to the miracle created by these modern-day Maccabees in hope that our support will help strengthen their resolve and help spread the light of progressive Judaism in Israel. Our Board of Directors, in what is a historic and groundbreaking decision, for our entire movement, has approved an annual expenditure in our yearly budget of \$10,000 that will be allocated annually and directed towards organizations**

## Clergy Message cont'd.

### **and/or individuals that are spreading pluralism.**

Once the grant was approved, a small task force was formed and tasked with setting criteria for the grant, identifying worthy individuals, causes, and organizations and inviting them to be a part of this process. An important criterion was reach – we wanted to ensure that any recipient would have a broad enough impact in their community and / or in the country. Another important criterion was that the recipient had a clear and defined implementation plan. Finally, the task force also evaluated what kind of leadership resources were being dedicated.

We received close to 20 applications, and in a diligent process, we identified 3 different recipients of our grant.

This coming year we are honored to support:

1. Rabbi Tamar Gur-Krause – Rabbi Gur-Krause, is not only one of the best-known Reform rabbis in Israel for her continuing efforts to promote reform weddings and break the monopoly that the rabbinate has over these weddings – but she is also a woman. In fact, despite the legal challenges of reform weddings not being recognized as legitimate in Israel, Rabbi Gur-Krause performs almost 400 weddings a year – and each wedding is attended by 300-600 people. Through these ceremonies,

she is impacting reform Judaism and its legitimacy at a grass roots level.

2. Rabbi Nir Barkin at Yozma in Modi'in: to promote and support a family day offered by the congregation to the entire town of Modi'in. Modi'in is located half-way between Tel Aviv and Jerusalem and Congregation Yozma was founded in 1997 and has 1000 families associated with it. Family Day is an annual event that brings in over 15,000 people together – during this day there are various educational opportunities, as well as worship opportunities, all focused on building knowledge and support for pluralism.
3. IRAC - Israeli Reform Action Center, an amazing organization that among other things leads the legal battle in Israeli courts, against any type of discrimination against progressive rabbis, congregations and people who wish to identify and publicly express their affiliation with Reform Judaism.

I want to personally thank our task force: Vivian Lieberman, Dr. Edward Slotnick, and Carolyn Yasuna for their time and efforts. And to express my gratitude to our Board of Directors who support us as we bring forth new ideas and initiatives.

I hope that this Chanukah you will all feel an added sense of pride and joy in knowing you are part of a congregation that leads the way in making a real difference.

*Rabbi Yaron Kapitulnik*

## Rabbi Golan's Message



# The Diaspora/Israel Dynamic

There are two ancient books which recall the occurrences around the time of the Maccabees and the stories surrounding Chanukah. Not surprisingly, 1 Maccabees was written in the land of Israel while 2 Maccabees was written in the Diaspora, probably Alexandria. Both are not part of the Jewish Bible but are in keeping with Talmudic tradition of having a version written in the land of Israel - The Jerusalem Talmud, and a different version written in the Diaspora - The Babylonian Talmud. Back to Chanukah, the custom of spinning dreidels on Chanukah is international but there is an Israeli version of the dreidel and a Diaspora version with the former proclaiming "a mighty miracle happened here" whereas the Diaspora version states, "a mighty miracle happened there". The candelabra on which we light the Chanukah candles are also called different names depending on the Jewish locale. Here we call it a menorah while in Israel the menorah designates only the seven-branched candelabra and the one used for Chanukah is called a Chanukiyah.

These are but a few examples of the well documented fact that throughout Jewish history there have always been two concurrently active centers of Jewish life, one in the land of Israel and one in the Diaspora. Each community has its strengths and weaknesses, each their unique but not necessarily contradicting, points of view. In keeping with our different points of view, the emphasis of the Chanukah story in the Diaspora is on Jewish bravery and the Maccabee's' heroic fighting. While these are recognized in the Israeli narrative of Chanukah, there are different points of emphasis in Israel including the martyrdom of Hannah and her seven sons (of which Diaspora Jews may not have

heard at all) and God's intervention in the occurrences through the miracle of the oil. It should come as no surprise therefore that there is a Diaspora take on the Maccabees themselves and a different Israel centered take on these heroes of the Chanukah story. In the Diaspora, the Maccabees are usually portrayed as early Zionist fighting for Jewish independence while In Israel they are seen more as radical religious mavericks who took military initiative. These are by no means contradictory stories, but rather different points of view on the same set of occurrences.

The Diaspora / Israel dynamic of two centers, two varying points of view, divergent points of emphasis, united by latkes and other oil-filled foods – has been the model of the Jewish people for centuries. We can differ in the teachings we take from the story but every night we light the same number of candles both in Israel and in the Diaspora as together we celebrate the freedom we enjoy as Jews. In 2017 the Jewish equivalent of the Olympics, known as The Maccabiah Games, named after the Maccabees, brought together 10,000 Jewish athletes from 85 countries competing in 45 different sporting categories. The Jewish people do best when we come together, even to compete among ourselves as long as we celebrate the constructive tension of Israel/ Diaspora relations and the freedom of the Jewish people.

Wishing us all a Chanukah in which we enjoy the same light of Chanukah even if our shadows and dark corners are unique, tell varied stories around the same candles and assign different aspects of heroism to the same Maccabees.

*Rabbi Golan Ben Chorin*

## *Cantor Alicia's Message*



## Light One Candle

Many of our congregants participate in a wonderful Tempe Judea program called College Connection - where our college kids, whether children of members, or grandchildren of members, receive a semi-annual care package from the Temple. Inside this package that goes out to scores of teenagers are goodies such as gift cards, honey, challah, apple chips, matzah and the like; also accompanied by a greeting from the clergy. As you can see from the items that are sent, these are often constructed to revolve around a theme of a Jewish holiday, Rosh Hashanah at the start of the fall semester, Passover as they prepare for the end of the school year; and right in the middle, just prior to finals week in December is their Chanukah package.

The themes inspired by the Chanukah story and the rituals that we enjoy to celebrate Chanukah are replete with messages for college students who can feel so very far away from home. One Chanukah, several years ago, our letter to the kids recounted what we see in the sky as we light our candles: that it is the darkest time of the year, the winter solstice, and yet we light one candle, than another, than another, until the final evening when all 8 candles plus the 'shamos' is glowing; and we see that even in our darkest moments, it is always possible to find light. If we look for it.

Remember that the story that we retell is based on a rag-tag group of brothers who stand up to authority and military might, in spite of all the odds against them. Our message is that there are times when we ourselves must be Maccabees - to soldier on even when we feel despair. To find strength when we feel weak, to find a source of light in spite of shadows, even a flickering whisp of light can grow and multiply, just like our menorah does.

Social media never fails to remind us that

in spite of all the festivities, this time of year can be difficult for so many people because movies, television, and even greeting cards all tell us how wonderful the season is, filled with family, friends, and good will. We also know that there is loneliness, disappointment, social pressures, illness, and the early hours of darkness looming in the sky doesn't help at all.

The letter we sent to our teens who are studying far and wide across the country tried to remind them that we understand how rough being away from home and what is familiar can be, how lonely it can be. Being independent for the first time, unsure of how to study for college finals which carry so much weight in determining your major, your career choice, your friends...is fraught with uncertainty and a sense that your candle is beginning to dim.

The message to them, which is truly universal, is to remember that all of us are Maccabees, we are all soldiers who have courage, and who have reserves of strength inside us that we didn't know existed. When you feel your own will flagging, remember that we gather light from many sources - we are here. Your temple family is here to reignite your flame with love and a listening heart.

Wishing you all the beauty and joy that comes with Chanukah, and the knowledge that when the long dark days of the winter solstice arrive, you will have companions to walk with you - just like the Chanukah candles, supporting you and warming you, on all sides.

May you see the light and beauty that surrounds you, that you may be a light to others.

Chag Sameach,

*Cantor Alicia*

**Hawaiian Shabbat Dinner  
Friday, December 13<sup>th</sup>  
6:30 PM**

**Menu:  
Pineapple Teriyaki Chicken,  
Maple Soy Glazed Salmon,  
Basmati Coconut Rice, Vegetable & Salad**

**\$18 Adults \$10 Kids 5-10 Under 5 Free**

**RSVP to Randi at [randi@gotj.org](mailto:randi@gotj.org) or 624-4633**

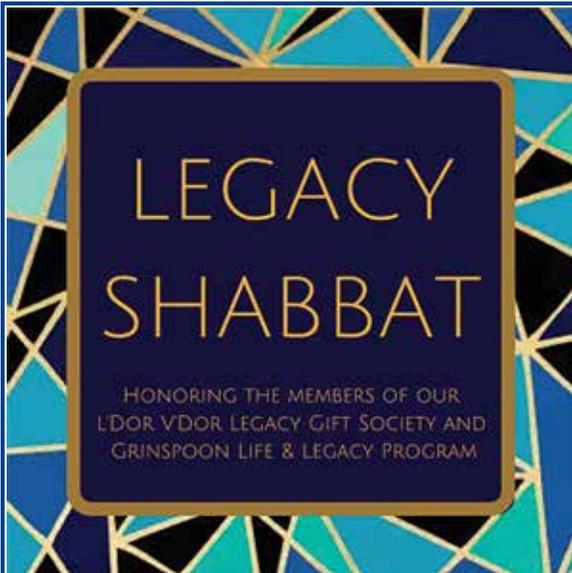
**SHABBAT DINNER  
FRIDAY, JANUARY  
10TH 6:30 PM**



**MENU:  
GREEK SALAD,  
GRILLED SALMON WITH TOMATO OLIVE SAUCE,  
GREEK LEMON OREGANO CHICKEN,  
GREEK POTATOES, VEGETABLE**

**\$18 ADULTS \$10 KIDS 5-12 UNDER 5 FREE**

**RSVP TO RANDI AT [RANDI@GOTJ.ORG](mailto:randi@gotj.org) OR 624-4633**



Temple Judea is honored to thank all the donors to the L'Dor V'Dor Legacy Society

Friday, December 6th  
at 7:30 p.m.

They did it.... You can too. Please consider making Temple Judea part of your life-long legacy.

Contact Morli Josza at 561-624-4633 to learn more.

Earl Abramson and Sheila Schlaggar, Anonymous, Sonya Baum, Gloria and Donald Bell, Isabel and Steven Berg, Estate of Herbert Biederman, Lesley and Steven Birenbaum, Constance and David Blacher, Kamara and Stefan Corbin, Phyllis and Bernard Eisenstein, Barbara\* and Fred Fields, Jodi and Sean Greene, Sharyn and Michael\* Greenhill, Zena and Harvey Hafetz, Joan and Milton Hermann, Lorraine Hoffinger and Emanuel Belkin, Joan and Peter Hoffman, Beatrice and David James, Morli Josza, Rabbi Yaron Kapitulnik, Frances Stern Lashinsky, Clare and Richard Lesser, Jody and Andy Levy, Vivian Lieberman, Karen Lowenstein, Denise\* and William Meyer, Sybil Michelson, The Pargh Foundation, Andy Pargh Eugene and Madeline Pargh\*, Mark Pinsky, Miriam Rieder, Faye Rosch, Leslie Rosenwasser, Elinor and Barry Schimel, Beryl and Robert Schneider, Anita and Bob Seidemann, Adele Shamban, Hope and Gene Silverman, Janet and Chuck Silverman, Jeri and Harvey Siegel, Sigmund Stahl\*, Cantor Alicia and Phillip Stillman, Wini Suss\*, Rita and Burt Tansky, Terry and Frank Vaccaro, Marjorie Lesser Wallen and Howard Wallen, Muriel Weingrow\*, Nancy and Mitchell Wollman, Stephanie and Brent Wolmer, Marjorie Yashar, Lois Zinman

As of October 2019

\*of Blessed Memory

## SING-A-LONG

With Cantor Alicia

10:30 am after Minyan

December 19 – Chanukah Songs - Old & New

January 9 – Sounds of Shabbat - New to TJ or just love to sing?

Learn the most loved melodies that we share on Shabbat

April 2 – Passover Seder Songs



# "Dreaming of a Jewish Christmas"

## Showing at Temple Judea

*A musical documentary about the amazing story of a group of Jewish songwriters who wrote the soundtrack to Christmas.*

Monday, December 23 4:30 PM



Complimentary Popcorn & Soda will be Served! Bring a Friend!  
RSVP to Randi at [randi@gotj.org](mailto:randi@gotj.org) or 624-4633

**Hanukkah Shabbat  
Celebration  
& Latke Oneg  
December 27th  
7:30 PM**



# Naturally Shabbat

Join Rabbi Golan for a unique, Saturday, Shabbat practice, in nature  
Meet at 11:30 a.m.

December 21st

John D. MacArthur Park (10900 Jack Nicklaus Dr., NPB)

\*Meet at the Nature Center

January 18th

Grassy Waters Preserve (8264 Northlake Blvd., WPB)

Short Hike, Torah study inspired by nature.... Good for all ages!  
Please bring food for a light picnic, WATER, sunscreen, hat & bug spray

*\*This event will be cancelled if the weather is inclement.*

## Shin Gi and the Art of Jewish Prayer with Rabbi Golan



### What is Shin Gi?

Visit our website at [www.gotj.org](http://www.gotj.org) / Click on "About" / Click on "Videos"  
for a complete demonstration by Rabbi Golan

Experience the fusion of the ancient Chinese discipline of Shin Gi (akin to Tai Chi) and traditional mindfulness of Jewish prayer. Give body and soul moments of Kedusha (holiness) by engaging in movement, meditation, liturgy and "soft" forms of Shin Gi.

No prior experience required. Attend one class, attend all!  
Open heart and easy fitting clothes recommended.

**TUESDAYS from 10:30 a.m. - 11:30 a.m.**

1/7, 1/14, 2/11, 2/18, 2/25

3/3, 3/24, 3/31, 4/7, 4/14, 5/12, 5/19

# CURRENT CONVERSATIONS IN ISRAEL LUNCH & LEARN

A series of live interviews, hosted by Skype,  
facilitated by Rabbi Golan.

Get first- hand information and engage in frank discussions with  
leaders from various aspects of Israeli society

Eyal Golman is a 32 years old event producer and media company director from Ramat Gan with an interesting tale. The tale is the Israeli tale of identity search, complexity, and the search for the meaning of growing up, religious, in the new and modern Zionist Jewish State.

Born in Israel to a Modern Zionist Orthodox family, son of an American mom born Satmar and an Israeli dad, son of a Palmach fighter, complexity appeared right from the start. After Yeshiva, Eyal served in the Golani Brigade during the disengagement of Gush Katif in 2005, following with work in the Jewish diaspora with different Jewish communities in Israel and around the world.

Eyal is also a music producer and in the past 12 years, has worked as an Informal educator, counselor, advisory and gap year director for the BBYO movement, Ramah camps, UJIA UK, just to name a few.

Presenting his stories and lessons Eyal uses his music, combining stories with hip-hop and reggae beats, teaching and telling his point of view on Israel and the Jewish world.



Wednesday, January 8 11:45 AM

\$15 per person includes lunch

RSVP to Randi at [randi@gotj.org](mailto:randi@gotj.org) or 624-4633

**“A World Without Hatred”  
Shabbat Worship  
Honoring the Memory of  
Dr. Martin Luther King, Jr.  
Friday, January 17th  
7:30 PM**

“I HAVE DECIDED TO STICK  
WITH LOVE. HATE IS TOO  
GREAT A BURDEN TO BEAR.”



MARTIN LUTHER  
KING, JR.

Join us on Friday, January 17th for a special Shabbat worship honoring the memory of Dr. Martin Luther King Jr.

Dr. King espoused social justice, nonviolence, and human rights. He dreamed of an equitable society wherein all people are treated with dignity and respect. His philosophy was that individuals should not be judged by the color of their skin, gender, sexual orientation, religious beliefs, or class, but by the content of their character. These values are needed today more than ever before.



# PINK SHABBAT

Friday, January 24, 2020  
7:30 Service followed by Oneg Shabbat

*Celebrating All Survivors!*  
*Wear Pink!*

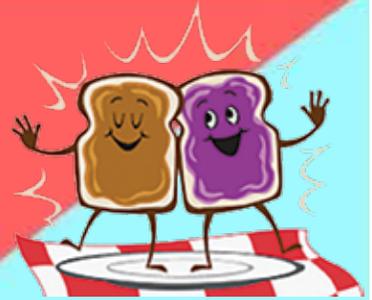
# Matanot la'evyonim

The Mitzvah of Tzedakah

Thursday, January 23rd

9:30 AM Minyan

10:30 AM Sandwich Making



Sandwiches will be delivered to St. George's Episcopal Church

RSVP to Randi at [randi@gotj.org](mailto:randi@gotj.org) or call 624-4633

## Take a Tour of 79



Join our clergy,  
Rabbi Yaron & Cantor Alicia,  
for an intimate tour and  
history of Temple Judea.

Get an inside understanding of  
all the small details that make up our  
sacred space while getting to spend some  
quality time with our clergy.

Monday, January 27th at 4 pm

Tour is limited to 20 people  
RSVP is required  
Call Randi at 624-4633 to register



Care and Choice at the End of Life

***“Expanding End-of-Life Options & Increasing Patient Autonomy”  
with Compassion & Choices CEO Kim Callinan***

**Join us for this CONVERSATION THAT MATTERS...**

**Wednesday, January 29th at 11:45 a.m.  
with a complimentary lunch  
RSVP to [randi@gotj.org](mailto:randi@gotj.org) or 624-4633**

*Nine out of ten people over the age of 50 are confident that they will receive the type of medical treatment they want as they approach the end of their lives. But unfortunately, research demonstrates that this is not the case.*

*So how does one navigate this patient journey? By attending the Compassion & Choices presentation where special guest, CEO Kim Callinan will share how to:*

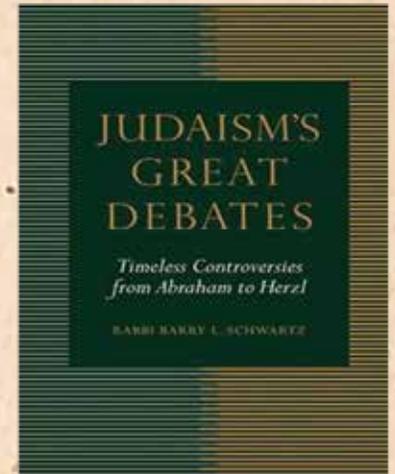
*Become an empowered consumer who learns to ask questions and consider treatment options before an illness becomes life limiting. Assess your values and priorities so you or your health care proxy know how to make treatment decisions that are consistent with your values and priorities. Plan for your death so you can give your family the gift of clarity and yourself the peace of mind that comes with knowing you have taken the appropriate steps to avoid unnecessary suffering.*

*Compassion & Choices is the nation’s oldest, largest and most active nonprofit organization committed to improving care and expanding options for the end of life.*

[WWW.COMPASSIONANDCHOICES.ORG](http://WWW.COMPASSIONANDCHOICES.ORG)

# Lunch & Learn

Judaism's Great Debates:  
Timeless Controversies  
from Abraham to Herzl  
Led by Rabbi Yaron



Wednesdays at 11:45 am

\$15 per person - RSVP to [randi@gotj.org](mailto:randi@gotj.org) or 624-4633

- Dec. 18** What kind of Jew to be? Sadducees (Priests), the Pharisees (“rabbis”) and other sects of Judaism during 2nd Temple period and the final “battle” between the Zealots and Rabbi ben Zakkai – a moment that shaped Judaism until our own days.
- Jan. 22** The greatest debate of all times – The house of Shamai vs the house of Hillel.
- Feb. 12** Remember when being a Hassid was not cool? Vilna Gaon vs the Baal Shem Tov.
- Mar.18** What can we be allowed to not believe in? Spinoza vs the Amsterdam rabbis.
- Apr. 22** Reform came first! How the Reform, Conservative and Orthodox movements came to be.
- May 20** Uganda or Israel. Why did we have to stay in the Holy land when there were a few other “promised lands?”

# TALMUD CLASS

**No Experience  
Necessary!**

10:45 AM – 11:30 AM  
Thursdays  
12/19, 12/26, 1/2, 1/9, 2/20, 2/27,  
3/26, 4/2, 5/7, 5/14 & 5/21  
Class led by Rabbi Golan

Our weekly Talmud class studies from the original text. It is suited even for the inexperienced, but stimulates even the experienced.

## Introduction to Judaism

For people raised in a Jewish home or those choosing to create a Jewish home.

Sunday mornings from 9:30 am - 11:00 a.m.  
with Rabbi Golan Ben Chorin

12/1; 12/22; 1/5; 1/12; 2/9; 2/23;  
3/1; 3/22; 4/5; 4/19; 5/10; 5/17

Call 624-4633 for more information

### Book Discussion Group

**Mondays at 10:30 am • Everyone is Welcome!**

December 2, 2019  
January 6, 2020  
February 3, 2020

The Immortalists by Chloe Benjamin  
The Gown by Jennifer Robson  
The Female Persuasion by Meg Wolitzer

## TJ MEMBERS ONLY - Special Events

The Future of the Jews -- Jan. 31<sup>st</sup>-Feb. 2<sup>nd</sup>

### Rabbi Peter J. Rubinstein



Rabbi Peter J. Rubinstein is currently serving as the director of Jewish community and the Bronfman Center for Jewish Life at the 92<sup>nd</sup> Street Y in New York City. Rabbi Rubinstein is also the Rabbi Emeritus of Central Synagogue, a Reform Congregation where he served as Senior Rabbi for 23 years. Prior to the position at Central Synagogue, Rabbi Rubinstein served as the Rabbi of Woodlands Community Temple in White Plains, NY and Peninsula Beth El Temple in San Mateo, CA.

He co-chairs Partnership for Faith in NYC, which include senior clergy of the city's major congregations and was co-president of the US Board of the Tony Blair Faith Foundation. He is also immediate past chair of the Board of Auburn Theological Seminary in NY Region of the American Jewish Committee. He is presently the director of the Be Wise Fellowship in Jewish Entrepreneurialism at the HUC-JIR in NYC.

Rabbi Rubinstein is also a founder and chair of the Rabbinic Council of the World Union for Progressive Judaism and a member of the organizations North American Advisory Board.

Rabbi Rubinstein graduated from Amherst College and was awarded an honorary Doctor of Humane Letters by the college in 2017. He was ordained by the HUC-JIR in NYC, where he also received a Master of Hebrew Letters degree with honors. He received his Doctor of Divinity in 1994.

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## Americana Shabbat Service – Friday 1/10/20

### Joe Buchanan

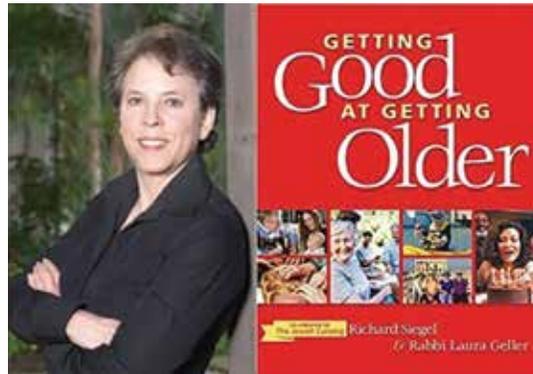
Americana with a Jewish soul, Texas born and southern raised, Joe Buchanan, makes Country/Americana music that is steeped in Torah. A convert to Judaism, he grew up struggling with religion and his place in the world. Then one day outside of the Holocaust Museum in Washington, DC and 13 years into their marriage, his wife told him that she was Jewish. An exploration of faith led the way home for the whole family and kicked off a whirlwind of songwriting, ultimately leading to Joe's debut album – Unbroken.

A blend of Southern soul and country charm, Joe's music is grounded in the belief that there is always more room at the table.



Don't miss... Rabbi Laura Geller  
SAVE the DATE  
Sunday, February 16th at 10 a.m.

“Getting Good at Getting Older” Lecture and Bagel Breakfast



A copy of Rabbi Geller's book will be given to the first 50 households who RSVP to Pat at pat@gotj.org or 624-4633

Wow, we in Sisterhood have shared in some fabulous events so far this year. We practiced our skills as Challah Makers, learned the History of Israeli Fashion and enjoyed the most memorable Membership Dinner thanks to Beryl Schneider, Judi Stillman and of course, Egle. We have provided more than 50 of our college students with High Holiday packages and Quantum House with much needed rolls of paper towel.

Now on to what's to come-mark these dates and events on your calendar:

December 3rd at 10:30-Celebrating Sisterhood Book and Author Brunch. Temple Judea is the host of this year's event and the speaker is Marra B. Gad, author of The Color of Love. Reserve your place on the JCC website.

December 15th- come out and join us in latke making with our religious school students.

January 8th-Pizza Girls is the place for our pre-Race for the Cure Happy Hour. Join us from 5-7 to sign up to walk in the race or sponsor one of our already committed walkers. Drinks are

Dutch treat and yummy



munchies are on us. The Race for the Cure is on January 25th.

Feb. 19th-Our annual Luncheon and Mah Jongg/Card Party. Gather your players and see the insert for details. This event was sold out last year, so don't wait to get your game organized.

March 31st - Sisterhood is returning with a Women's Seder led by our very own Cantor Alicia.

Keep watching for those flyers, e-mails and Voice articles for more to come.

May the lights of the Hanukkah Candles bring all good things to your families and peace for all. Wishing you and your loved ones a very Happy 2020.

Marge Lesser Wallen,  
Sisterhood President

# Eight Ways to Deal with Stress and Family Issues

*"Families are like fudge...mostly sweet with lots of nuts."*

Since starting as the new Social Worker at Temple Judea in July, I have had the privilege of speaking to and meeting with many of the congregants. I have found some of the most common stressors challenging families include but are not limited to caregiving, financial, physical or mental illness, estrangement, and addiction of a family member. As we are poised to enter a New Year and a new decade, this is an opportunity to look at new ways of dealing with stress and to rethink how to make stress work for us rather than against us.

"You can choose your friends, but you cannot choose your family". Family stress will not just disappear, but you can look for ways in which you can reduce the strain. First, it is important to understand that stress is normal and unavoidable. It is a feeling of emotional or physical tension. It can come from any event or thought that makes you feel frustrated, angry, nervous or even excited; it is your body's reaction to a challenge or demand. In short bursts, stress can be a positive motivator, such as when it helps you avoid danger or meet a deadline. However, if this mechanism is triggered too easily, or when there are too many stressors at one time, it can undermine a person's mental and physical health and become harmful. There is not a single perfect way to survive the stressful events in your life. It is more of a process of figuring out what works best for you at a particular point in time.

As we light a candle each night for the eight days of Hanukah, here are eight new coping strategies for stress in relation to family issues.

**1. Breathe - Think Before We Speak and Think Before We Act.** When in doubt or angry, take a deep breath and try not to react impulsively or say something we may regret. Wait for a better time or place to have a more effective discussion. A good place to start is by taking the 6-6-6 deep breaths. Take a long deep breath in from your nose for 6 seconds, hold it for 6 seconds and let it go out of your mouth for 6 seconds. Do this 6 times. This method should bring more oxygen to your brain and body, reduce your anxiety and help you to access your rational mind rather than your reactive mind.

**2. Acknowledge Your Emotions to Yourself:** Sometimes just acknowledging that you are annoyed, sad or angry is enough to give you room to deal with a stressful situation. Sometimes acknowledging your sadness, frustration or anger in a calm manner to the other person, will help them understand what you are feeling. You can manage your own emotions by telling yourself, "They don't mean to be annoying", "Things will calm down once I get settled", or whatever other phrases may work for you.

**3. Stay Rational:** Your annoying aunt asks why you are not married yet, or your parents scream at you to help them with something before you have even had a chance to close the door. Going in with a clear mind and making a deal with yourself to take on any situation in a rational way is a good start. At the same time, it is important to acknowledge that you have the right to become upset by others' unthoughtful actions. The crucial part is to know that just because you are upset does not mean you have the right to act out from those emotions. In fact, it will probably only make the situation worse if you retaliate. If you are too agitated, say you will talk about it later. That will give you time to relax and think about how you want to deal with the situation rationally and if you want to talk about it at all.

**4. Be Right or Have a Relationship:** We need to ask ourselves "Is it more important for us to be right or is the relationship more important"? The next time we are frustrated or angry with our parent, child, spouse, or other family member, by reminding ourselves of what is important, we may be able to defuse a stressful situation and respond in a more compassionate way. Some people have to be right all the time at all costs. These people will never admit that they may have been wrong. By understanding this is the way the person behaves, by not arguing with them, we save ourselves much stress.

**5. Boundaries:** Set reasonable boundaries for what you are willing to do for another family member. Sometimes caregivers in a family end up neglecting their own well-being by focusing exclusively on their loved one(s). This type of behavior may ultimately end up in a cycle that amplifies stress and the caregiver becomes resentful and angry. The loved one may expect you to do everything for them and may not even appreciate it. In these types of stressful family situations, it would be helpful to understand that you need to take care of yourself first; otherwise, you may not be able to take care of your loved ones. Carve out some personal time; even giving yourself 10-20 minutes a day for yourself helps you to step back and calm down.

**6. Reality:** Accepting the reality of a situation is a key ingredient to managing stress. This begins with accepting our family members for who they are and accepting ourselves for who we are, knowing the things we can change and knowing the things we cannot change. Often, we try to change others into the version of who we think they should be. I frequently hear congregants express their dissatisfaction with how an adult family member is treating them. When asked how long this has been going on the response is "they have always been this way but it has become worse". We have to accept that this may be someone's

personality and we are not going to change him or her. If you have communicated how you feel to this person and it has not worked, it is not always necessary to respond to negative behavior – say, “I will speak with you when you calm down” and then walk away to another room, outside, or leave.

**7. Off Limit Topics:** Know that some topics are absolutely off limits. Period. History and experiences should tell you that these subjects should be avoided at all costs. That is not to say that important issues should be permanently avoided. Rather, if your experience dealing with certain issues has left you stressed out or emotionally depleted, and the discussion has not progressed sufficiently along to represent a rapprochement, then it is best to avoid the discussion until a time when both parties are willing to move it forward in a constructive way.

**8. It’s Not About You...Usually:** Yes, it is hard not to take things personally, especially when we are attacked or made to feel responsible for someone else.

Understand that family relationships are complicated, have a long history and patterns that have developed over the years. Different things trigger everyone at different times. If it was a friend or someone you did not know well, you may take things less personally. If a stressful situation with a family member comes up, pretend they do not belong to you. Seriously, this is a method to detach yourself from a dysfunctional, unhealthy family dynamic and then be able to approach your family member in a more rational, supportive and compassionate manner. Take a step back and say to yourself “how would I respond if it wasn’t my mother, child, spouse, but someone else”.

As a good rule of thumb to deal with all of the suggestions above, seek people whose opinion you trust, and get specific advice when issues arise. I am available to speak with congregants over the phone or in person.

*“Surrender is the simple but profound wisdom of yielding to, rather than opposing the flow of life.”*  
~ Eckhart Tolle



12/9 & 1/6

## No one talks about loneliness ... *is it just me?*

Come to a safe place to explore your feelings about loneliness. Get tips on what to do and what NOT to do... Small support group meets Mondays from 10:45 a.m. - 12: 15 p.m. with Olivia Tartakow, LCSW at Temple Judea

RSVP to Olivia at [olivia@goti.org](mailto:olivia@goti.org) or 624-4633

Temple Judea’s Caring Committee wishes all of our members, clergy and staff a very happy and healthy Hanukkah. We are continuing to stay in touch with members of our TJ family who are ill at home or in the hospital. Meals are delivered to them or sometimes we send flowers if food is not needed. We are here to let them know that Temple Judea is truly a caring congregation. Fruit platters are delivered to those in mourning at the shivas that are local, or donations made in memory of those temple members or their relatives who pass away. We also celebrate happy occasions such as weddings or births by sending gifts to our newest members!! Our mission is to create an environment of joyous Judaism so that members hearts are moved to become involved and inspired to action as Rabbi Yaron says. Many members of our committee have joined us because they have been inspired to action when they have been the recipients of our work.

I wish to thank all our committee members who are always there when we need help.

We also visit members who are homebound if they are receptive to having company. If you or someone you know would like one of our members to visit you, please let us know.



We are pleased to have Olivia Tartakow as our Social Worker and she is providing us with educational sessions to help us understand and meet the needs of our members and to provide assistance to our clergy who visit and help all of our members who need them.

It is a privilege to do this work to help our family members. Call and let us know if you need something or would like to serve on our committee.

*Helaine Kahn*  
Chairperson  
561-313-0646

# DECEMBER B'NAI MITZVAH



**Mia Sternberg – December 7**

Mia is a seventh grader at Meyer Preparatory School in Palm Beach Gardens. She has always excelled academically and is a member of the National Junior Honor Society. In addition to her studies, Mia also enjoys traveling with her family, volleyball, volunteering, reading and spending time with her friends. She is excited about her upcoming bat mitzvah and can't wait to celebrate with all of her loved ones.

YEP

## YEP Families BBQ

**Sunday, December 15**  
**12:00 PM**  
**Complimentary**

it's **BBQ Time!**



Got Shabbat

got  
Shabbat



Bubby Bracha, Todah, and the whole Temple Judea team look forward to singing, dancing, and celebrating Shabbat with you! For our youngest members through pre-K and their families. Bring your friends!



**Fridays at 5:45 pm !!**

**Ending with complimentary PIZZA!**

**WHERE JEWISH LIFE IS A PLAYGROUND!**

**We're looking forward to seeing you!!!**

*Cantor Alicia*

December 6 • January 3

February 7 • March 6

April 3 • May 1



Creating a Jewish Legacy

## Dear TJ Family

We think it is most fitting that the Temple Judea family benefit from our mother's passing, as we have all benefited from her in life.

Temple Judea nourished our mother for many years and through her, the synagogue nourished us.

We are grateful for all your acts of kindness – great and small.

We know as did she, that the work of Judaism requires action, and sometimes many can help.

It is our firm belief that her bequest will contribute to good work in the spirit she heard so frequently expressed at Temple Judea.

Clearly, she felt the same way and for that reason made her gift without conditions.

For the Family – Drew Suss

*The most cherished thing you leave behind when you pass away won't be a car, house or bank account. Make sure your loved ones know who you were and what was important to you.*  
To learn more about Temple Judea's L'Dor VaDor Society, or to make a legacy gift, please contact Morli Josza, Executive Director, at [morli@gotj.org](mailto:morli@gotj.org) or 561-624-4633.

# HAPPY BIRTHDAY

- |    |  |    |   |    |  |    |  |
|----|--|----|---|----|--|----|--|
| 1  | Iris Bergman<br>Chloe Mahan<br>Paul Reiss<br>Eli Reitman<br>Robert Roth            | 11 | Dale Barzilay<br>Alyse Bessell<br>Rachel Kriek<br>Sonia Lowi<br>Patty Noverr<br>Cheryl Venet                              | 17 | Fred Hochberg<br>Barbara Leff<br>Tal Rothman<br>Martin Schwalberg                                  | 25 | Adelyn Bramson<br>Stuart Mittenthal<br>Daniel Sacks<br>Richard Sandler<br>Alexander Skolnick                     |
| 2  | Lawrence Newman<br>Sue Penchansky<br>David Schneider                               | 12 | Lori Hausman<br>Aaron Hoar<br>Dorothy Weiss<br>George Wells   | 18 | Sophie Buchsbaum   | 26 | Charlotte Ellowitz<br>Howard Ellowitz<br>Alexis Herman<br>Liz Reitman  |
| 3  | Michael Friedman<br>Linda Levin Mincer<br>Kara Levinson<br>Katherine Mortimer      | 13 | Alan Edelman<br>David Mandelbaum<br>Maci Alexandra Rosenberg<br>Gerald Weingarden<br>Stuart Weitzman                      | 19 | Jacob Levin  | 27 | Rhoda Edelman<br>Fredric Friedman<br>Edward Gallagher<br>Aidan Holcroft  |
| 4  | Isaiah Fidler<br>Cade Levinson<br>Jill Marks<br>Keith Paulus<br>Stanley Sheidlower | 14 | Samantha Aronowitz<br>Loe Goldwasser  | 20 | Bruce Berg<br>Rachel Chesler<br>Jacob Marks<br>Janet McLean<br>Alyssa Reagan<br>Elizabeth Veguilla | 28 | Ligia Guralnick<br>Danielle Kapitulnik<br>Suzanne Taylor<br>Joel Yudenfreund                                     |
| 5  | Jack Chane<br>Miriam Rieder  | 15 | Jason Comras<br>Leslie Horowitz<br>Joshua Simon<br>Arthur B. Wolpert  | 21 | Lindsey Krathen<br>Susan Wolk<br>Phyllis Yablans   | 29 | Noah Goldstein<br>Helaine Kahn<br>Norma Sirott   |
| 6  | Ira Clement  | 16 | Sandra Brown<br>Bonnye Fine<br>Nancy R. Funt<br>Ryan Lazarus<br>Sharon Piotrowski<br>Judie Rappaport<br>Nicole Segalowitz | 22 | Manny Comras<br>Harold Danenberg<br>Harvey Siegel  | 30 | Lila Altman<br>Susan Block<br>Stuart Halpert<br>Rochelle Karp<br>Edward Oppel<br>Douglas Warsett<br>Lee Weisberg |
| 7  | Gila Johnson<br>Cathy Mann<br>Andrea M. Tate                                       | 17 | Arleen Barton<br>Marty Frank  | 23 | Dale Langer  | 31 | Deena Lockman<br>Roberta Weisburger  |
| 8  | Barbara Bailey<br>Bruce Goodman<br>Zachary Smith                                   |    |   | 23 | Nancy Littenberg<br>Janet Maltz<br>Stephanie Miller<br>Ronald Rothman<br>Brad Taylor               |    |  |
| 9  | Colin Brazell  |    |   | 24 | Shari Alexios  |    |  |
| 10 | Cindy Albers<br>David Buckner  |    |   | 24 | Nina Geilich<br>Joel Langer<br>Honorable Barbara J. Pariente<br>Barbara Rippa                      |    |  |

## CELEBRATING ANNIVERSARIES

- |    |   |    |  |    |   |
|----|---|----|--|----|---|
| 2  | Harlan & Carol Waksal   | 19 | Steven & Margery Strauss   | 25 | Stephen & Rosalie Kurland<br>Bernard & Rita Levine<br>Steven & Lois Loevner<br>Walter & Beverlee Schiff |
| 3  | Donald & Susan Wolk   | 20 | Harmon & Elaine Katz<br>Mark & Roberta Weisburger  | 26 | Sanford & Jo Ann Rock<br>Jack & Judith Rosenberg  |
| 5  | David & Dana Morgan   | 22 | Allan & Bonnye Fine<br>Stanley & Lori Narkier<br>Melvin & Rochelle Sotnick<br>Stephen & Andrea Tate                      | 27 | Stuart & Deena Lockman<br>Courtney Pech Ngoon &<br>Suzanne Pech Ngoon<br>Bob & Anita Seidemann          |
| 6  | Jared & Lori Roth   | 23 | Peter & Barbara Aschheim<br>Stu & Pat Glass<br>Joel & Dale Langer  | 30 | Jeffrey & Jill Fenster<br>Robert & Elaine Ann McKay   |
| 7  | Craig R. & Jessica Dell   | 24 | Donald & Gloria Bell<br>Sy & Sarah Donner<br>Hal & Judy Grossman<br>Jason & Catherine Haselkorn<br>Max & Sandy Stolzberg | 31 | Michael & Janet Steinger  |
| 10 | Frank & Sandra Geller   |    |  |    |   |
| 13 | Roger & Ira Rosenthal   |    |  |    |   |
| 16 | Averell & Eileen Eisner<br>Ryan Levinson<br>Nicole Wolfe<br>Edward & Judy Oppel |    |  |    |   |
| 18 | Timothy & Phyllis Hoffman   |    |  |    |   |
| 19 | Stuart & Esther Glasser<br>Steven & Laurie Miller                               |    |  |    |   |

# Thank YOU for your Recent Tzedakah

## Adult Education Fund

**Connie and David Blacher**

*in appreciation of Temple Judea*

**Rebecca Cohen**

*in honor of Ruth Salton, a role model for positive aging*

**Rickie and Jeff Leiter**

*in honor of Barbara Neuberger's special birthday, Mazel Tov with love*

**Carol Shain**

*in loving memory of my father, David Greenberg*

## Camp Fund

**Connie and David Blacher**

*in appreciation of Temple Judea*

**Priscilla Leslie**

*in loving memory of my beloved mother, Rose Marie Rose*

**Karen Levy-Lutner and Larry Lutner**

*in loving memory of Kenneth Levy, brother of Karen Levy-Lutner*

**Denise and Philip Santora**

*in honor of Ethan Connor Burack's Bar Mitzvah, grandson of Faye Rosch*

## Cantor's Discretionary Fund

**Ruth Abrams Gonzalez**

*in loving memory of my husband, A. Roberto Gonzalez*

**Connie and David Blacher**

*in appreciation of Cantor Alicia*

**Marleen Hacker and Allan Eisinger**

*in loving memory of Stanley David Walker, beloved son of Elayne and Tootie Rosen*

**Sheree and Cary Friedlander**

*in appreciation of Cantor Alicia's love and support*

**Wendy and Edward Gray**

*in loving memory of Eugenia Hoffman and Ruth Gray*

**Ann and Paul Levine**

*thanking Cantor Alicia for the most beautiful High Holy Days services ever!*

**Karen Levy-Lutner**

*thanking Cantor Alicia for her loving kindness during this difficult time*

**Elinor Oertell**

*in honor of Linda Schlenger's birthday*

**Kathryn Resnick**

*in loving memory of my beloved father, William Resnick*

**Doreen and Larry Smith**

*in loving memory of Larry Feldman, beloved brother and son*

*in appreciation of Cantor Alicia*

**Melvin and Rochelle Sotnick**

*in loving memory of Clara Willick*

**Judi Stillman**

*in loving memory of Stanley David Walker, beloved son of Elayne and Tootie Rosen wishing Caren Weingrow Mazel Tov on her grandchild, Eli's, Bar Mitzvah*

**Terry and Frank Vaccaro**

*in honor of Lesley and Steven Birenbaum's 47th wedding anniversary*

**Stephanie and Brent Wolmer**

*in loving memory of Kenneth Levy, brother of Karen Levy-Lutner*

## General Fund

**Ruth Amiel**

*in loving memory of Norman Amiel*

**Ruthie Berman**

*in honor of Beth Baker*

**Connie and David Blacher**

*in appreciation of Temple Judea*

**Carol Slater and Jordy Brown**

*in loving memory of Stanley David Walker, beloved son of Elayne and Tootie Rosen, with deepest condolences*

**Annette Dorsky**

*in loving memory of Lawrence and Theodore Dorsky*

**Rhoda and Alan Edelman**

*in loving memory of David Glicker in loving memory of Ira Meyer and Stanley Edelman, brothers of Alan*

**Lois and Philip Frieder**

*in loving memory of Selda Frieder, mother of Philip*

**Irene and Elliot Glanz**

*in loving memory of our aunt, Rahomah Glanz*

**Wendy and Edward Gray**

*in loving memory of Mark, beloved son of Judith and Alan Goldstein*

**Abby and Eric Jablin**

*in loving memory of Stanley David Walker, beloved son of Elayne and Tootie Rosen, with deepest condolences*

**Marjorie Janicola**

*in loving memory of my beloved father-in-law, Philip Janicola*

**Jordan Karlick**

*in honor of Joyce Karlick*

**Sandi and Bill Katz**

*in loving memory of our mother, Sadie Persky*

**Judy Levit**

*in loving memory of Marlene Schneider*

**Judith and Joel Levy**

*in loving memory of Burton Wishneff*

**Karen Levy-Lutner**

*in honor of Morli Josza with thanks for "being her"*

**Robert Lewis**

*in loving memory of Arnold Mullens, father of Susan Morgan and Penny Miller*

**Eleanor and Jeffrey Peris**

*in honor of Steve Berg's special birthday*

Members who donate a minimum of \$18 per dedication to the various funds, will be acknowledged in the Voice.

**Acknowledgement letters will continue to be sent to your friends and loved ones.**

**Norman Plotsky**

*in loving memory of Irving Platt*

**Cheryll Rabin Plotkin**

*in loving memory of my father, Bernard Rabin*

**Faye Rosch**

*in loving memory of Stanley David Walker, beloved son of Elayne and Tootie Rosen*

**Shereen and Paul Rosenberg**

*in honor of our dear friends, Cathy Demain Mann and Fredric Friedman; wishing them a happy, healthy and sweet 5780*

**Rosalee and Bob Savel**

*congratulating Karen Lowenstein on her grandchildren's simchas*

*in loving memory of Kenneth Levy, brother of Karen Levy-Lutner*

**Annette and Donald Schilling**

*in loving memory of Edward Garber*

**Jeri and Harvey Siegel**

*in loving memory of Kenneth Levy, brother of Karen Levy-Lutner*

**Olivia Tartakow**

*in loving memory of my mother, Rose Newins*

**Harriet and Bruce Wallach**

*in loving memory of Lena and Lawrence Wallach*

**Marge Lesser Wallen and Howie Wallen**

*in loving memory of Stanley David Walker, beloved son of Elayne and Tootie Rosen*

*in loving memory of Kenneth Levy, brother of Karen Levy-Lutner*

**Diane Rosen and Michael Weintraub**

*in loving memory of Ron Reiss*

**Gail and Bob Wertheimer**

*in loving memory of Ernest Wertheimer, father of Bob Wertheimer*

*in loving memory of Jay Wertheimer, brother of Bob Wertheimer*

**Susan and Donald Wolk**

*in loving memory of Milton Wolk*

*in loving memory of Ruth Lyon*

*in honor of our wedding anniversary*

## Gloria Hay & Calvin M. Schwartz Caring Community Fund

**Isabel and Steven Berg**

*sending Cary Friedlander get well wishes*

*in loving memory of Kenneth Levy, brother of Karen Levy-Lutner*

**Connie and David Blacher**

*in appreciation of Temple Judea*

**Blossom Fishmann**

*in loving memory of my father, Abraham Bernstein*

**Sandy Geller**

*in loving memory of my brother, Steven John Berry*

**Helaine Kahn**

*in loving memory of Kenneth Levy, brother of Karen Levy-Lutner*

**Annette Kazdan**

*in honor of Brenda Epstein's 80th birthday*

**Faye Rosch**

*in honor of Jill Rosenstein's special birthday*

### *L'Dor Vador Endowment Fund*

**Connie and David Blacher**

*in appreciation of Temple Judea*

**Mimi Rieder**

*in loving memory of Stanley David Walker, beloved son of Elayne and Tootie Rosen, with deepest condolences*

### *Rabbi Golan Ben-Chorin's Discretionary Fund*

**Irene Anderson**

*in honor of Rabbi Golan's return to Temple Judea*

**Susan and Edmund Benson**

*in honor of Rabbi Golan's return to Temple Judea*

**Isabel and Steven Berg**

*in honor of Rabbi Golan's return to Temple Judea*

*in loving memory of Bea Parker, mother of Rich Parker*

**Julie and Dave Buckner**

*in honor of Rabbi Golan's installation at Temple Judea*

**Karen Levy-Lutner**

*in honor of Rabbi Golan's installation at Temple Judea*

**Carole Weller and Arthur Metzger**

*in loving memory of Emil Metzger, father of Arthur*

**Barbara Neuberg**

*in celebration of my birthday*

**Charlotte Plotsky**

*in memory of my beloved brother, Samuel Wilen*

**Yvette and Steve Scherer**

*in honor of Rabbi Golan's installation at Temple Judea*

**Carol and Steve Shain** *in honor of Rabbi Golan's installation at Temple Judea*

**Judi Venet**

*in honor of Rabbi Golan's Shin Gi class*

**Cheryl Venet**

*in honor of Rabbi Golan's Shin Gi class*

**Marge Lesser Wallen and Howie Wallen**

*wishing Johan Jacobsen a full and speedy recovery*

*in honor of Rabbi Golan's return to Temple Judea*

**Nancy and Mickey Wollman**

*in honor of Barbara Neuberg's special birthday, Mazel Tov with love*

**Stephanie and Brent Wolmer**

*in honor of Rabbi Golan's installation at Temple Judea*

### *Rabbi Yaron Kapitulnik's Discretionary Fund*

**Ruth Abrams Gonzalez**

*in loving memory of my husband, A. Roberto Gonzalez*

**Connie and David Blacher**

*in appreciation of Rabbi Yaron*

**Marc Cohn**

*in honor of Steve Berg's special birthday*

**Laura Cole**

*in loving memory of Rodney Cole*

**Susan Cole**

*in loving memory of Daniel Cole*

**Allan Eisinger**

*in loving memory of Dale Roll*

**Sheree and Cary Friedlander**

*in appreciation of Rabbi Yaron's love and support*

**Susan Goldfarb**

*in appreciation of Rabbi Yaron*

**Bruce Goodman**

*in loving memory of my father, Charles Goodman*

**Wendy and Edward Gray**

*in loving memory of Eugenia Hoffman and Ruth Gray*

**Philip Gross**

*in honor of Steve Berg's special birthday*

**Suzanne and Gary Hubschman**

*in loving memory of our beloved grandson, Jake Haskel*

**Helaine Kahn**

*in honor of Rabbi Yaron for officiating beautifully at my aunt's, Sylvia May, service*

**Lollie Rosen and Bruce Kerman**

*in loving memory of Stanley David Walker, beloved son of Elayne and Tootie Rosen*

**Ann and Paul Levine**

*thanking Rabbi Yaron for the most beautiful High Holy Days services ever!*

**Karen Levy-Lutner**

*in honor of Rabbi Yaron, with much appreciation and gratitude for his guidance and understanding*

**Suzanne and Lawrence Magenheim**

*in loving memory of Madeleine Magenheim, mother of Lawrence*

**Andy Pargh**

*in honor of Rabbi Yaron*

**Deborah Paul**

*in loving memory of Dorothy Bilker Dorman*

*in loving memory of Harry Robert Dorman*

**Charlotte and Norman Plotsky**

*in loving memory of Wini Suss*

**Andrew Schneider**

*in loving memory of my father, David Schneider M.D.*

**Robert Schull**

*in loving memory of Lillian Schull, my beloved mother*

**Helene and Martin Schwalberg**

*in loving memory of Charles Rosen*

*in loving memory of Beatrice Schwalberg*

**Rita and Burt Tansky**

*in loving memory of Sam Bernstein*

**Bob Teitelbaum**

*in loving memory of Anne Teitelbaum, my beloved mother*

**Anita and Stephen Tuber**

*in honor of Odette Schwartz's birthday*

*in loving memory of Kate Tuber*

**Cheryl Venet**

*in appreciation of Rabbi Yaron blessing my mezzuzah*

**Judi Venet**

*in appreciation of Rabbi Yaron blessing my mezzuzah*

**Carol Wische**

*in loving memory of Dolores Lorber, my beloved sister*

**Stephanie and Brent Wolmer**

*in loving memory of Anne and Isaac Assael*

**Carolyn and Jerry Zackin**

*in loving memory of Emily Kahn*

### *Religious School Fund*

**Irene Anderson**

*in loving memory of my dad, Samuel Steinberg*

**Connie and David Blacher**

*in appreciation of Temple Judea*

**Diane and Morton Brill**

*in honor of Terry Oster's special birthday*

**Karam Coury and Fern Friedman**

*in loving memory of Marilyn Shook, mother of Ann McKay*

**Phyllis Izenberg**

*in loving memory of Stephen Breger*

**Jill and Neal Bennett and**

**Dawn and Harley Kasselmann**

*in loving memory of Marilyn Shook, mother of Ann McKay*

### *Social Action Fund*

**Connie and David Blacher**

*in appreciation of Temple Judea*

**Ellie and Bill Cohen**

*in loving memory of our parents, Louis and Anna Cohen*

**Wendy and Eddie Gray**

*in honor of our wedding anniversary*

**Richard Kuhr**

*in loving memory of my mother, Fannie Kuhr*

**Karen Lowenstein**

*in loving memory of Aaron Bernstein, brother of Myrna Mazer*

**Iris and Richard Podell**

*in loving memory of Claire Podell*

**Nancy and Scott Propper**

*in loving memory of Dolores Medin Knitz, mother of Nancy Propper*

**Cassie and Ron Rothman**

*in loving memory of Karen Stephanie Rothman*

**Cassandra Rothman**

*in loving memory of William D. Muir Jr., my beloved son*

**Jan and Chuck Silverman**

*in loving memory of Ron Auslander*

**Judy Walk**

*in appreciation of Leslie Rosenwasser's act of "chesed"*

### *Youth Group Fund*

**Connie and David Blacher**

*in appreciation of Temple Judea*

**Phyllis Genthner**

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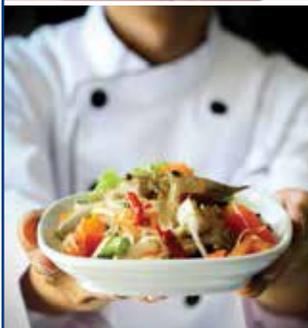


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