

THE VOICE

TEMPLE JUDEA
PALM BEACH GARDENS FLORIDA

ELUL/TISHREI • 5779/SEPTEMBER 2019 • VOLUME 39/NUMBER 9

THE VOICE IS PUBLISHED MONTHLY BY TEMPLE JUDEA AT 4311 HOOD RD., PALM BEACH GARDENS, FL 33410



*Three
Lists*

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Rabbi Joel L. Levine, D.D.
Rabbi Emeritus

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*August
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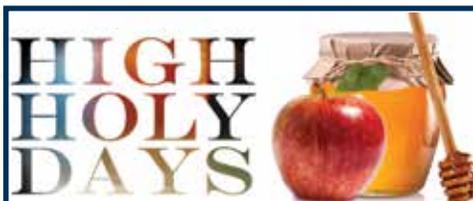
Melissa & Glenn Casteel
in honor of Mac's Bar Mitzvah

Zena & Harvey Hafetz
in honor of their 58th anniversary

Family of Wini Suss
in her honor and memory

*Welcome New
Members*

Jill Bowen & Family
Paula Chatten
Laura Cole & Lawrence Newman
Fred Hochberg
Gloria Kaplan
Melina & Seth Kaufman & Family
Jamie & Daniel Levin & Family
Adriana & Corey Saban & Family



*If you have not received your
High Holy Day packet, please call
the temple office at 624-4633.*

*September 2019
Schedule of
Services*

Friday, September 6

5:30 pm Pre-oneg
5:45 pm Got Shabbat
for Pre-K Families
6:00 pm Shabbat Worship

Friday, September 13

5:30 Pre-Oneg
6:00 pm Shabbat Worship
7:00 pm Shabbat Dinner
(Reservations Required)

Friday, September 20

5:30 pm Pre-oneg
6:00 pm Shabbat Worship

Friday, September 27

5:30 pm Pre-oneg
6:00 pm Shabbat Worship

B'nai Mitzvah

September 21 -Ella Chait

**IF YOU SEE SOMETHING,
SAY SOMETHING**

**We take your security very seriously. Please
report any suspicious behavior immediately.**

Office Hours:

Monday – Friday:
Fri: 9:00 am - 3:00 pm

Phone: (561) 624-4633

Fax: (561) 624-4076

E-mail: info@gotj.org

Web: www.gotj.org

Clergy Message



Three Lists

My mentor and teacher, Rabbi Larry Hoffman, loves to remind me of what he describes as “the lesson of three lists.” A practice he encourages individuals, as well as organizations to experience.

“Begin” he says, “by making a list of the things we are proud of, the things we do well and the actions we want to continue pursuing.” Then, he says, “make a list of the things you do not do well.” It’s a harder list to do, but a crucial one in our never-ending journey for self-improvement. This is the first step of *Teshuva* – recognizing the areas in which we can do better, in which we can choose a different course of action, a different direction. And finally, comes the most important list. The list of things we do not do at all! If we are to grow as humans, as professionals and even as organizations, we must ask ourselves; what are the things we have been avoiding, the things we kept pushing away, the things we convinced ourselves we can never do or have found ample excuses for why we should not do them at all.

I hope that as we begin the month of ELUL, a month devoted to introspection and reflection, and as we approach Rosh HaShanah, the holiday in which we remind ourselves that new beginnings are possible, that personal change and growth are feasible – we will all engage in this practice of creating three lists, focusing mostly on the third list- reimagining new possibilities and opportunities.

As I begin making my own list, I have one item that has been on my mind for the past ten years, since I arrived at Temple Judea, and this year, I will finally take the steps needed to act on it and take it off my list.

This year, on Rosh HaShanah, Cantor Alicia and I plan to offer a special blessing to a group of people in our congregation that usually goes unnoticed, individuals that deserve to hear from all of us, a message of love and support, a message of gratitude. I am talking about all our non-Jewish members, who have decided to make Temple Judea their spiritual home, and by doing so are committed to making Jewish religion, tradition and culture, an integral part of their family’s lives. Non-Jewish parents and grandparents who are raising Jewish children, non-Jewish spouses whom in their daily participation and support of Jewish life affirm the words Ruth the Moabite said to her Jewish mother-in-law “your people will be my people.” And while Jewish religion does not allow us to separate and point out those among us whom have chosen to convert to Judaism, I do feel that they too need to know that we stand in awe in their presence.

I feel that we all have a great debt to them and to their actions. Their choice is one that often comes with a great price, with the pain of having to leave behind childhood memories and traditions, with the challenge of feeling at times “they do not know a lot” or “feel unconnected.” As a Rabbi and as a congregation I want to let them know that we admire their decision and that we are grateful that they have chosen to associate their spiritual life with us.

A few weeks ago, the Jewish Federation started sharing some of the results of the recent population survey conducted last year. In it, with no surprise, we see a large increase of households in our community whom identify as being a Jewish household while one adult in it is not Jewish. We also learned that in

*Clergy
Message
cont'd.*

many of these households, the parents find themselves often requiring a longer period of time before deciding as to how they wish to religiously raise their children. I think that part of that hesitation might come from a feeling and fear of being rejected, of feeling that "we truly do not belong here." I want us all, and the change must start with me, to make sure they know that they are not only welcomed, but loved, understood and supported. We have a lot to do in this area, and we will do what is required. But after ten years of being silent, I am proud to say that it starts this year, with this article, and with a special blessing we will be offering on the High Holy Days.

This is also true to all our members who live a Jewish life and are facing a challenge of raising grandchildren who are raised in interfaith homes. We as a temple must

find every possible way to offer them our support, our resources and our blessings as they navigate this personal challenge they face.

This too is part of our theme this year, this too is a "conversation that matters." We have been silent for too long, we have taken for granted, we have made assumptions, we have not been the best we could be. I thank my teacher for always pushing me to be better, I thank God for the opportunity to celebrate new beginnings, to embrace the process of Teshuva which leads us on to new sacred journeys.

Wishing us all a meaningful and thoughtful month of ELUL leading us to the celebration of a New Year. May we all be inscribed in the book of good living.
Amen

Rabbi Yaron

Summer Shabbat

SUMMER SHABBAT

Thru October 11

(Excluding October 4 – Shabbat & Tashlich at Carlin Park
NO SERVICE AT TEMPLE JUDEA HOOD ROAD)

5:30 – 6:00 PM

Pre-oneg

6:00 – 7:00 PM

Shabbat Worship





High Holy Days

5780 / 2019

We are looking forward to observing the High Holy Days with you. Please note the following reminders:

- 1) Services will be held at The Eissey Campus Theatre at Palm Beach State College unless otherwise noted.
- 2) Your security is very important to us and we appreciate your patience and compliance with the following:
 - a. Should you be asked, please be ready to present your ticket and ID
 - b. Please do not bring large handbags or packages
 - c. Please remember that tickets are non-transferrable.
- 3) Out of respect to other members and to our clergy, as well as honoring the sacredness of the Holy Days, we respectfully request that you remain in the theatre until the conclusion of the service.
- 4) High Holy Day prayer books will be provided by the temple for your use during services. These books are to be returned at the conclusion of each service.
- 5) Please remember to bring your own kippah or tallit if you choose to wear one.
- 6) Unless it is absolutely necessary, we respectfully request that you leave your cell phone and any other electronic devices in your car.
- 7) Handicap seating is available in the front row using one of the side entrances or in the back row using the elevator in the front of the building.
- 8) Temple Judea conducts a food drive for those in need. Empty bags will be handed out on Rosh HaShanah and should be returned on Yom Kippur.

Wishing you a L'Shanah Tovah.

May you be inscribed in the Book of Life.

Selichot Service & Havadalah
Saturday, September 21st

7:15 pm Light Reception

8:00 pm Havadalah & Selichot Service

Selichot is our chance to begin our spiritual preparation for the High Holy Days. The mood of introspection and repentance increases throughout the month of Elul – to its crescendo with Selichot, an uplifting service held each year on the Saturday night before Rosh HaShanah.

The effect of a Selichot service can be quite moving as the mere gathering of people at a time when they are usually preparing for sleep evokes a meditative atmosphere. We express the feeling of life's fleetingness and the desire to make right that which seems unfinished.

The prayers in the Selichot service are full of longing and inspire us to move thoughtfully into Rosh HaShanah.

We hope you will join us and deepen your High Holy Day experience.

ELUL MINYAN

Mondays & Thursdays
9:30 AM – 10:30 AM
September 2 – September 26



JOYOUS JUDAISM THAT INSPIRES ACTION

JUDAISM TEACHES US THAT A PERSON
HAS THREE ONGOING RELATIONSHIPS
AT WHICH HE MUST EXCEL:

WITH HIMSELF
WITH OTHERS
WITH GOD

See how the wisdom of 12-Step Programs intersect with the Jewish process of Teshuva -- throughout the month of Elul we will use these teachings in our preparation for the High Holy Days.

Feel free to bring a small pad or journal with you.
Open to all.



Friday, October 4th at 5:30 p.m.
5:30 p.m. Pizza/Salad/Drinks Pre-Oneg
6:00 p.m. Shabbat Worship and Tashlich
Carlin Park (400 S. S.R. A1A, Jupiter)

DON'T FORGET A BEACH CHAIR FOR THIS SPECIAL SHABBAT & HOLY DAY EXPERIENCE

If you have Yahrzeit names to be read, but would like them read on Friday, September 27th or Friday, October 11th instead, please let us know.

High Holy Days Food Drive

Pick up your bags on Rosh Hashanah
Return your donation of non-perishable
foods on Yom Kippur



Sponsored by Social Action

Thank you, Palm Beach Gardens Trader Joe's for
donating our food drive bags





TEMPLE JUDEA
Palm Beach Gardens, FL

"PEOPLE HELPING PEOPLE"

Dear Temple Judea Members:

It is our vision to never turn anyone away that wants to belong to our sacred home – but cannot afford the dues.

"Whatever I want for myself, I want the same for that other person.

And whatever I do not want for myself, or my friends, I do not want for that other person.

This is the true meaning of the verse, "And you shall love your neighbor as yourself."

Leviticus 19:18

We are so lucky to have so many members who share this vision and help us help others. Please see the list of names on the other side of this page. If you are able, please consider joining them and our Chai Society for \$436 above your full dues commitment, or our Golden Chai Society for \$1360 above your full dues commitment. Simply call the office at 624-4633 and ask for Mindy Rosenberg.

100% of your donation goes toward supporting a member who could not otherwise afford to join our sacred home.

Recognition of society members will be published in the Voice quarterly and a special donor appreciation event will be held in April.

***For your generosity, your engagement, and your participation –
Thank you!***

In appreciation,

Karen Lowenstein

Karen Lowenstein, President, Board of Trustees

"Golden Chai" 2019 - 2020

Madlyn & Leonard Abramson, Gloria & Don Bell, Isabel & Steven Berg, Betsy & Donald Bleznak, Susan Cole & Marc Cohn, Kamara & Stefan Corbin, Diane & Neil Exter, Nona Fine, Joan Gelch & Morris Weintraub, Irene & Elliot Glanz, Beatrice & David James, Bud Koff, Karen & David Mandelbaum, Suzanne & Harvey Morgan, Katherine & John Mortimer, Andrew Pargh, Joann Hendleman & Bill Pearl, Ruth & Irwin Peckman, Brenda & Larry Robinson, Leslie Rosenwasser, Beryl & Robert Schneider, Judy & Danny Schwartz, Anita & Bob Seidemann, Adele Shamban, Barbara & Peter Sidel, Jeri & Harvey Siegel, Janet & Michael Steinger, Carol & Daniel Strickberger, Wini Suss*, Rita & Burt Tansky, Arlene & Gilbert Zitin

"Chai Society" 2019 - 2020

Earl Abramson & Sheila Schlagger, Ruth Amiel, Barbara & Peter Aschheim, Shirley Baratz, Joan & Richard Barovick, Eva & Alvan Bazer, Gloria & Don Bell, Nancy & Franklin Benson, Stanley Bishop & Roslyn Feinstein, Constance & David Blacher, Joyce & Ronald Bortnick, Adelyn Bramson, Limor Meital Briskin & Robert Briskin, Andrew Brock, Ellyn Burlakoff & Larry Gelfand, Louise & Dennis Casper, Amy & Dan Chait, Neomia Chitlik, Arlene & Larry Cohen, Ellie & Bill Cohen, Rebecca Cohen, Joan Cramer, Barbara & Harold Danenberg, Joyce & Chris Demain, Phyllis & Bernard Eisenstein, Brenda & David Epstein, Shelly & Judd Ettinger, Diane & Neil Exter, Jane & Gerald Feibusch, Karen Fischer, Linda & Herbert Frank, Linda Frankel, Audrey & Marcus Friedman, Brynn & Michael Friedman, Lila Funt, Joan & Howard Gellis, Marilyn & Hy Gluck, Harold Godlin, Doris Goldberg, Linda & Harold Gottschall, Amy & Wayne Gould, Wendy & Edward Gray, Judy & Harold Grossman, Lois & John Gruen, Joan & Peter Hoffman, Suzanne & Gary Hubschman, Phyllis & Alan Izenberg, Suzette & Steven Kolitch, Judith & Lewis Kramer, Barbara Krauthamer, Rosalie & Stephen Kurland, Donna Kurtz & Hugh Scott, Nancy Lanard & David Thomas, Arona & Robert Landsman, Deanne & Jeremy Lansat, Frances Stern Lashinsky, Barbara Leff, Marilyn & Alan LeRoy, Priscilla Leslie, Jody & Andy Levy, Vivian Lieberman, Deena & Stuart Lockman, Karen Levy Lutner & Lawrence Lutner, Stephen Macht, Cathy Mann & Fred Friedman, Diann & Thomas Mann, Penny Masur, Arthur Metzger & Carole Weller, Penny Miller, Sanford Miller, Lois Morse, Arnold Mullens*, Tobi Palmer, Elaine & Simon Parisier, Beatrice Parker, Renee Parker, Miriam Rieder, Frances Rogers, Rosalie & Joel Rothenberg, Irene & Paul Rulnick, Gale & Sanford Salz, Susan & Richard Sandler, Helene & Robert Schaefer, Linda & Bill Schecter, Elinor & Barry Schimel, Michele & David Schlisserman, Julie & Andrew Schneider, Helene & Martin Schwalberg, Gloria Hay Schwartz, Eleanor Schweitzer, Adele Shamban, Norma Shapiro, Edith & Stanley Sheidlower, Sydelle Sonkin & Herb Siegel, Vicki & Edward Slotnick, Regina & Stephen Solomon, Toby & Marvin Solomon, Rochelle & Melvin Sotnick, Ellen & Martin Sperber, N. Deborah & Michael Stapler, Wini Suss*, Anne Tanen, Terry & Frank Vaccaro, Scott Waldman, Susan & Douglas Warsett, Bruce Warshal, Roberta & Mark Weisburger, Harriet & John Wolf, Nancy & Mitchell Wollman, Stephanie & Brent Wolmer, Marjorie Yashar, Carolyn & Michael Yasuna

*of blessed memory

Please join us in our mission of never turning anyone away.



SHABBAT DINNER

Friday, September 13, 2019 • 7:00 PM

Following 5:30 pm Pre-oneg & 6:00 pm Kabbalat Shabbat

Menu

Summer Salad, Chicken Francese, Teriyaki Salmon,
Couscous with Roasted Veggies, Vegetable Medley and Sweet Noodle Kugel

Adults: \$18

Children ages 5-12: \$10 • Children under 5 are FREE

** NO REFUNDS AFTER SEPTEMBER 11TH **

RSVP a MUST! • 624-4633 • randi@gotj.org

Shabbat Dinner

October 18th 6:30 PM

Menu:

Butternut Squash Soup,
Schnitzel, Salmon, Mashed
Potatoes, Vegetable & Salad

Adults \$18 Children \$10
Children 5 & Under FREE

RSVP to Randi at randi@gotj.org
or 624-4633

*No refunds after October 16th



Upcoming Events

SHABARK
SHALOM!

It's TJ's
PET
SHABBAT!

All pets are
welcome!



Bark
your
calendars!

Saturday,
November 9th
5:30 Pre-oneg
6:00 Havdalah

5:15 Pre-Oneg
Snacks for
people & pets
6:00 p.m.
Service

So wag your
tails for
Shabbat!



In honor of Parshat Noah, Celebrate Shabbat and Bless Your Pet!

The Torah is ripe with verses instructing us to care for and respect our animals. Pet Shabbat is our chance to recall these verses and reaffirm our commitment with our pets. Join us with you furry, feathered or scaly family members for our annual outdoor service.

SING-A-LONG

With Cantor Alicia

10:30 AM after Minyan

September 19 – High Holy Days

Old classics & new melodies - Rosh Hashanah through Simchat Torah

November 11 – Music of the Shoah - How we remember Kristallnacht

December 19 – Chanukah Songs - Old & New

January 9 – Sounds of Shabbat - New to TJ or just love to sing?

Learn the most loved melodies that we share on Shabbat

April 2 – Passover Seder Songs



Healing Service

Shalom,

This past year has brought us many, many blessings, but many of us have also felt the shadow of illness and injury in either ourselves, our family, or our friends.

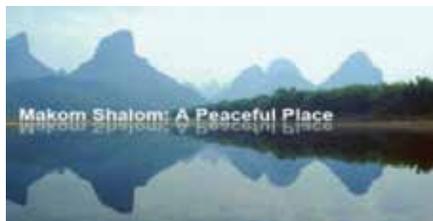
Sometimes we learn to live with pain; and sometimes it diminishes as we grow to have it simply become part of our lives.

Knowing that during this past year, illness and pain has touched your life in some way, I want to invite you to our Healing Service, **Makom Shel Shalom, a peaceful place.**

On **Monday, November 18, at 4pm**, we will sing and pray in our intimate sacred space, as we move forward on our journey toward a greater sense of wholeness. All are welcome.

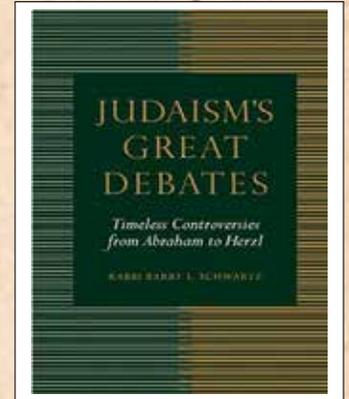
Warmly,

Cantor Alicia



Brunch & Learn

Judaism's Great Debates:
Timeless Controversies
from Abraham to Herzl
Led by Rabbi Yaron



10:30 AM (After Minyan)

\$15 per person – RSVP to randi@gotj.org or 624-4633

- Sept. 16** Abraham and God – The ongoing conversation and debates in the Torah - From his complacency in the binding of his son to the debate over the fate of Sodom and Gomorrah
- Oct. 17** Korach Daughters – Beginning with these brave 5 women to our modern day debate over ordaining women rabbis, we will look at some of the biggest debates about woman's rights.
- Nov. 18** “Hail to the King” – a session on the debate over the need, legitimacy and authority of the king in our tradition.
- Dec. 16** What kind of Jew to be? Sadducees (Priests), the Pharisees (“rabbis”) and other sects of Judaism during 2nd Temple period and the final “battle” between the Zealots and Rabbi ben Zakkai – a moment that shaped Judaism until our own days.
- Jan. 16** The greatest debate of all times – The house of Shamai vs the house of Hillel.
- Feb. 13** Remember when being a Hassid was not cool? Vilna Gaon vs the Baal Shem Tov.
- March 19** What can we be allowed to not believe in? Spinoza vs the Amsterdam rabbis.
- April 20** Reform came first! How the Reform, Conservative and Orthodox movements came to be.
- May 18** Uganda or Israel. Why did we have to stay in the Holy land when there were a few other “promised lands?”

Book Discussion Group

Mondays at 10:30 am • Everyone is Welcome!

September 23, 2019

The Lemon Tree by Sandy Tolan

November 4, 2019

The Chalk Artist by Allegra Goodman



Save the Date for the Trip of a Lifetime!



Family Trip to Israel Summer 2021

Led by

Rabbi Yaron Kapitulnik



Highlights include:
Customized active, itinerary catered to families with teens
Celebrate a Bar/Bat Mitzvah with simcha at the Kotel
(ceremony for any child ages 12-15)



Perfect for active grandparents and their grandchildren!



Don't miss this opportunity!

(we won't have another Family trip for several years!)

\$500 per person non-refundable deposit required by Jan. 1, 2020

Questions: Call TJ at 561-624-4633 and ask for Morli Josza

Note: We will require a minimum of 25 participants - otherwise trip will be canceled, and monies will be refunded.

Maximum number of participants 36.



MANAGING STRESS OVER THE HOLIDAYS

Olivia Tartakow, LCSW, MSW, M.Ed.



Over the last month, I have had the privilege of joining the Temple Judea family in my role as a Social Worker. It is very gratifying to be part of a congregation that is so sensitive to the needs of its congregants. I have been reaching out by telephone to congregants who may be homebound, have chronic illness, or have other mental health needs for themselves or people in their families. Temple members have been stopping by to see me, and I welcome anyone to contact me by phone or in person at the Temple office, for any issue they would like to discuss. As the holidays approach, I would like to focus on common concerns and suggestions for stress during the Holidays.

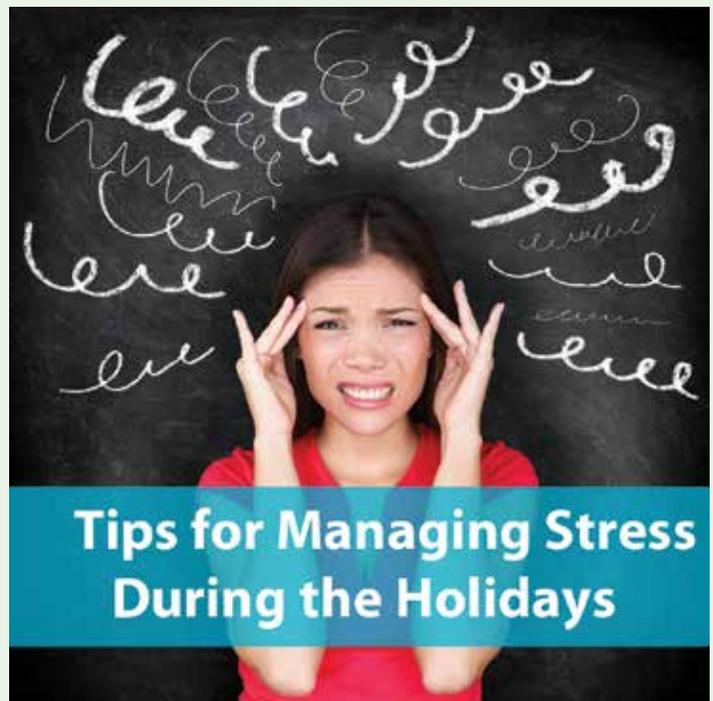
What is stress? Stress is a personal reaction to changes individuals experience in life events and in everyday hassles. It is not so much about the event or situation, but our perception of that event and our belief that we can or cannot cope with it. There is a definite correlation between our thoughts, moods, feelings and behaviors and stress can often take a toll on health and wellbeing. Let us look at some common holiday stressors and effective ways to cope with them.

Holidays can be a time of heightened emotion. Sometimes holidays present us with feelings of being overwhelmed because there may be too much or too little going on. We may have too many commitments or no invitations at all. We may have expectations of others

and/or ourselves that are unrealistic. Others may have expectations of us that we cannot meet.

We become very nostalgic remembering past holidays with family members who may no longer be with us because of distance, divorce, death or illness, estrangement, mental illness or addictions. Our holiday table may look a lot different now. We may look around and think that others have the perfect families and we are missing out, especially if we have lost our spouse or a child. Our current reality may not measure up to our memories. Holidays are a time that frequently trigger feelings of the losses we have experienced, including loneliness, sadness and even depression.

Family relationships that may be difficult at any time during the year may become more



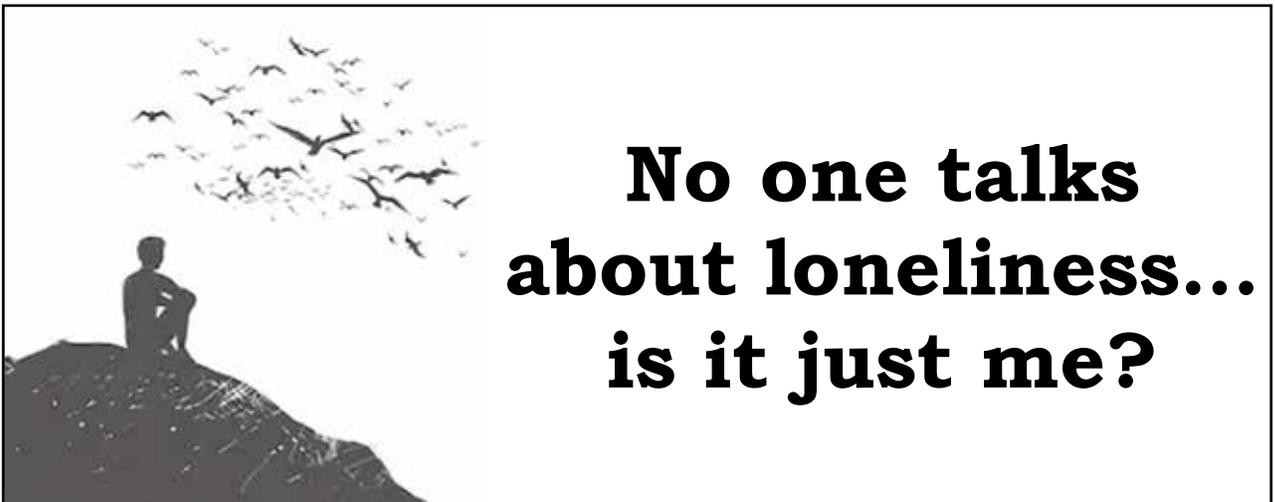
intensified during the holidays. We may be forced to be with family members who do not get along, and in today's political climate, discussions may even polarize families.

So how can we cope better with these holiday stressors? It is important to know that these feelings and experiences are common to almost every individual and family. We may imagine we are the only person experiencing this because no one else talks about it openly. Being part of the Temple family, the communities we create, and having the support of friends, may not entirely eliminate these feelings, but it may help a little or a lot to soften the isolation we feel.

Simple proven remedies we all know but tend to forget, are all around us if we choose to

access them. Exposure to sunlight, walking, listening to music, exercising, sitting in your backyard, visiting a park, going to the beach, eating a healthy diet, getting adequate sleep, all help to release serotonin. Serotonin is a chemical in the brain, sometimes known as the happy chemical, that contributes to wellbeing and happiness and thus may offset sadness and depression.

It is normal to feel some sadness during the holidays for various reasons, however, if you have been struggling for more than two weeks, feel free to call me for support. I am at Temple Judea on Mondays and appointments can be made directly with me at olivia@gotj.org or through the temple office. Shanah Tova to everyone.



No one talks about loneliness... is it just me?

Come to a safe place to explore your feelings about loneliness.
Get tips on what to do and what NOT to do...
Small support group meets Mondays from 10:45 a.m. – 12:15 p.m.
with Olivia Tartakow, LCSW at Temple Judea
9/9; 10/7; 11/4; 12/9; 1/6

RSVP to Olivia at olivia@gotj.org or 624-4633

We Welcome Your Input!

Dear TJ Members,

The following people are chairing various efforts at the temple and would love your input - please feel free to share ideas, thoughts, concerns... we look forward to hearing from you.

Karen Lowenstein, President, Board of Trusteesjustkl@aol.com
Marjorie Lesser Wallen, Sisterhood Presidentpgamarjorie@gmail.com
Jon Lachman, Co-President Men's Clubdrylandrower@gmail.com
Jeff Prince, Co-President Men's Clubem7prince@aol.com
Helaine Kahn, Chair, Caring Committeehelaine8@icloud.com
Keith Paulus, Chair, Finance Committeekeith@paulus123.com
Matthew Kutner, Chair, Investment Committee.....matthew.kutner@ml.com
Alyse Bessell, Social Action and Youth Group Coordinator.....alyse@gotj.org
Susan Lord, Youth Education Program Administrator.....susan@gotj.org
Judy Grossman, Co-Chair, Membership Committeejudygrossman41@gmail.com
Carolyn Yasuna, Co-Chair, Membership Committee.....yasuna@att.net

Caring Community

As we approach our High Holy Days, it causes us to think even more about what role our Caring Committee plays in the lives of our congregants. At this time of year, we listen to the call of the Shofar and contemplate new ways to bring love and care to our Temple Judea family. While we continue to bring service to our community by phone calls to the ill, sending shiva platters to the homes of mourners and dinner or flowers to wish those of us well who are coming home from the hospital, we also celebrate weddings and births with gifts for our families.

We are so fortunate to have such a wonderful temple and fine clergy that we find this an important step in contributing to the joyous Judaism that has been created at Temple Judea.

Looking after each other with love is the commitment of our Caring Community and



our activities help those we serve as well as ourselves.

We are now creating new programs to help our homebound congregants and our members who are chronically ill. We plan to make visits to those who are not able to leave home and give company to those who are not feeling well. This helps us fulfill our call of the Shofar to engage in helping others.

If you know of someone who is a member and would like a visit, please let us know.

We all wish you a very happy, healthy and blessed New Year!

Helaine Kahn

Chairperson
561-313-0646

WOW! With dozens of rsvps, what a fabulous Summer Social featuring our own Cantor Alicia leading us in a Challah Make and Take Home to Bake event. As we waited for the dough to rise, we were provided with interesting insights in the story of bread and braiding. Cantor Alicia is always an inspiration as she readied us to provide our families with fresh baked challah for the upcoming holidays. Thanks to all who attended and participated and provided much needed rolls of paper towel to Quantum House.

If you missed our Summer Social, you certainly do not want to miss our upcoming Sisterhood Members Only Dinner with entertainment by Bass Baritone, David Presler right here at Temple Judea on November 14th. Judi Stillman and Beryl Schneider, co-chairs, are planning another unforgettable event. Please see the flyer in the VOICE for details and RSVP as soon as possible. It's not too late to become a member of Sisterhood so you can avail yourself of the ability to be at the dinner and listen to the fabulous voice of our entertainer.

Remember, don't leave yourself and/or your family off the Holiday Greetings list. Send your form and a \$36 donation supporting this Sisterhood fundraiser, to the temple office.

Be on the lookout for your invitation to the Celebrating Sisterhood Book and Author Brunch sponsored by the JCC and local Sisterhoods in Northern Palm Beach County to be held on December 3rd. This year Temple Judea Sisterhood is proud to be the hosting Sisterhood and the event will be held at Temple Judea. I look forward to an overwhelming turnout by Temple Judea members.

Continue to scan the VOICE for additional Sisterhood outings scheduled for the upcoming months.

I hope to greet all of you at High Holy Day Services. May you and your loved ones be Inscribed in the Book of Life. L'SHANA TOVA!

Marge Lesser Wallen
Sisterhood President

Please join our Young Sisterhood Happy Hour!



**Wednesday
September 4th
5:00 pm – 7:00 pm**

Seasons 52

(11611 Ellison Wilson Rd., Palm Beach Gardens)

If you're 60 or under, kindly RSVP by Monday, September 2nd to Pat at pat@gotj.org or 561-624-4633

TJ's Men's Club invites you to an
INSIDE TAILGATE PARTY

**Sunday, September 8
1:00 pm @ Temple Judea**

**BRING YOUR OWN LAWN CHAIR!
BRING THE WHOLE FAMILY!
Fun Football Food Galore!**



RSVP to randi@gotj.org or 624-4633

Men's Club

**POKER
& MORE!**

Tuesday, November 19th at 6:30 PM

Poker or Bring Your Own Game!

Steak Dinner will be served (chicken available upon request)

**\$18/person
(\$25 non-Men's
Club Members)**



RSVP a MUST to Randi at randi@gotj.org or 624-4633

SEPTEMBER B'NAI MITZVAH



Ella Chait– September 21

Ella is in the 8th grade at The Benjamin School. She is a member of the school's varsity swimming team and is an avid horseback rider. Ella cares for, and rides, her own horses and volunteers weekly at Hopes Dreams and Horses in Jupiter, a non-profit organization specializing in equine therapy for children with disabilities. She plans on making a personal donation after her Bat Mitzvah.

Youth



Bubby Bracha, Todah, and the whole Temple Judea team look forward to singing, dancing, and celebrating Shabbat with you! For our youngest members through pre-K and their families. Bring your friends!



Fridays at 5:45 pm !!
Ending with complimentary PIZZA!
WHERE JEWISH LIFE IS A PLAYGROUND!

We're looking forward to seeing you!!!

Cantor Alicia

September 6 • November 1 • December 6 • January 3
February 7 • March 6 • April 3 • May 1

Youth Group



L'Shana Tova TJ! The High Holy days are here. Are they early, late, or right on time? Which day of the week do they fall on? Do they work with my other calendars? I try to remind our TJ teens that unlike Dec. 31, it's not about ball drops, parties, or kissing at midnight. While it's still festive, and great meals are all around, this time of year is for prayer and reflection, family and community. This is the time when we wake up and hear the shofar and enjoy apples and honey. This is the time to meet the challenges and opportunities a new beginning brings us all. Today we live in many worlds: our daily world, our school and work worlds, our Jewish world... how we blend them together is part of the challenge of our modern lives. If we truly want, we can seamlessly integrate our worlds as we infuse them with our Jewish values and practices. For some, the separation between the worlds pulls and pushes in different directions. I am constantly trying to achieve a calendar of harmony with my personal calendar, my family's, JUICY's, TJ's and the Jewish community calendars. Oy! But without a doubt, I try to find harmony, a sweet balance, intertwined with faith, family, community and JUICY.

So how do you feel this year? Are you ready for a fresh start? These High Holy Days call upon us to reflect on past choices and our hopes for the future. Make sure you don't miss putting the important stuff your calendar. As we connect our lives with time (make sure your TJ/JUICY's calendar is on your smart phone) we tie together the pieces of our lives with who we hope to be. May the coming New Year 5780 bring to us a new sense of wholeness, excitement and inner-peace. May we be on time for the moments that fill us mind, body and soul. May we, as a JUICY and TJ family, be joined together, like the calendars that place us in time. The Bessell family wishes our entire extended TJ family a L'Shana Tova filled with lots of sweetness.

I hope everyone has a sweet and healthy new year,

Alyse Bessell

JUICY, TJ Youth Director
561.513.1391
Alyse@gotj.org

JUICY EVENTS - SAVE THE DATE

JUICY (9th-12th graders)

Wednesday, September 18th – Test Your Senses!! – 6:30pm-8:00pm @ TJ – No Cost

Wednesday, October 16th – Sushi in the Sukkah and Human Board Games – 6:30pm-8:00pm @ TJ – No Cost

Wednesday, November 20th – Thanksgiving Social Action Event – 6:30pm-8:00pm @ TJ – No Cost

JUICY Jr (6th – 8th graders)

Saturday, September 7th – Dinner and a Movie – 6:30pm-9:30pm @ Downtown Gardens – Cost: \$25.00 pp

Sunday, October 13th – Jr. the Sukkah – 6:00pm-8:00pm – NO COST

JUICY Ruach 3rd – 5th graders)

Sunday, September 22nd – Welcome Back Tie Dye and Fun – 12:00pm -2:00pm – No cost

Sunday, December 8th – Hanukkah Escape Room – 12:00pm -2:00pm – No cost

Want your kids to spend the weekend with JUICY and 200+ other Jewish kids??

Hatikvah Kallah (6th-8th): Friday-Sunday, November 8th-10th in Boca Raton, FL

Fall Kallah (9th-12th graders): Friday – Sunday, October 25th- 27th in Fruitland, FL

Contact Alyse with questions or go to <https://southerntropical.nfy.org>



Creating a Jewish Legacy

Nancy and Mickey Wollman

Nancy and I moved to West Palm Beach over 15 years ago and at that time we considered ourselves two time a year temple goers. However, as time went on, we found ourselves coming to temple more regularly and now I guess many would consider us “regulars.” We truly love the worship services, Torah study, minyans, brunch and learn and the many creative programs the temple offers. We are grateful and feel so fortunate to be part of such a warm and caring congregation under the devoted leadership of Rabbi Yaron Kapitulnik, Cantor Alicia Stillman, and Executive Director, Morli Josza and the entire TJ team. We consider Temple Judea to be our 2nd home, our family. The friendships we have formed, the companionship, the community, and the deep and caring relationships are invaluable. Nancy and I look forward to Temple Judea’s future and it is our hope, and our blessing, to be able to support and participate in the legacy fund, in order to ensure that future generations will be able to share in the wonderful experience that is being a member of Temple Judea.

The most cherished thing you leave behind when you pass away won't be a car, house or bank account. Make sure your loved ones know who you were and what was important to you. To learn more about Temple Judea's L'Dor VaDor Society, or to make a legacy gift, please contact Morli Josza, Executive Director, at morli@gotj.org or 561-624-4633.



1	Gail Frank Alesia Hoy Hayley Lazarus David Benjamin Venoff Gavin Scott Venoff	8	Mona Oks Landon Stuhmer	14	Samantha Bessell Dylan Bressler Andrew Gallagher Daniel Goldstein Valerie Roslin	21	Iris Podell Michael Steinger Cheryl Taylor Matthew Wysockey
2	Marilyn Gluck Dana Morgan Aidan Taylor Jake Zur	9	Florence Drobnis Midge Lansat Marilyn LeRoy Zachary Rance	15	Morgan Hack Ellen Kruger David Sales Christina Smith Robert Teitelbaum	22	Olivia Bernstein Phyllis Hoffman
3	Arnold Brown Richard Brummer Jill Chait Suzette Kolitch Murray Schwartz	10	Mitchell Beers Eden Josza Paul Levine Jackson Pomerantz Jeremy Simons	16	Julie Schneider	23	Charles Feldman Mary Funt Brian Guralnick Ronald Stone
4	Sy Donner	11	Grace Atkins Nancy Cohen Roberto Cumerma Allison Davis Tatyana Knaster Haviva Lapkin Penny Masur Matthew Metzger Sebastian Reagan	17	Faye Rosch Edith Sheidlower	24	Lilly Felsen Roger Landay Lawrence Lutner Heather Sley
5	Shane Friedman Arnold Lampert	12	Amy Gould Emma Krathen Jessica Oks Charles Silverman Arnold Weiss	18	Joyce Demain Yonatan Kapitulnik Lewis Kramer Stanley Lattman Allen Robinson	25	Molly Rose Gallagher Audrey Kaplan Friedman Sylvia Levien Rosalie Rothenberg Audrey Steiner Jacob Youngman
6	Richard Hoffman Melissa Horowitz Jeffrey Leiter Helene Schaefer Robert Wertheimer	13	Stephen Epstein Avrum Gray Rachel Haselkorn Naomi Hoffman Jane Jarcho Adam Schiff	19	Sheryl Chavez Jason Lazarus Richard Schwartz Richard A. Shapiro Judith Tornick	26	Jenny Fenton
7	Diane Brill Jane Feibusch Beatrice James David James			20	Tracy Cohen Diane Exter William Lewis Andrew Schneider Lynn Welton	27	Sydney Pomerantz Dwight Sley
8	Sophia Brown Matthew Chait Sienna Ellis			21	Richard Barovick Merylee Golden Stephen Johnson	28	Michael Fredel Fred Millard Alec Piotrowski
						29	Johan Jacobsen Evan Josza Ellen Kanfer
						30	Frank Jacobs Gary Rosenberg

CELEBRATING ANNIVERSARIES

1	Elliot & Sandy Spar	5	Robert & Deanna Katz	13	Gerald & Gwen Richman Paul & Carole Rosen
2	Bruce & Dale Frey Howard & Joan Gellis Allen & Rita Robinson	6	Kenneth & Lila Altman Robert & Rosalee Savel	16	Jeffrey & Marilyn Feldman Mitchell & Sharon Kitroser
3	Howard & Susan Pashman	7	David Thomas & Nancy Lanard	19	Matt & Amy Almassian Alfred & Irene Jalowayski
4	David & Julie Buckner Rick & Elaine Garrison David & Jessica Quartell Steven & Carol Shain	9	Alan & Judy Goldstein	20	Adrian & Laura Rabinowicz Mickey & Phyllis Schulman
		11	David & Beatrice James Martin & Helene Schwalberg Danny & Judy Schwartz	23	Alvan & Eva Bazer

Thank YOU for your Recent Tzedakah

Members who donate a minimum of \$18 per dedication to the various funds, will be acknowledged in the *Voice*. Acknowledgement letters will continue to be sent to your friends and loved ones.

Adult Education Fund

Susan and Edmund Benson
acknowledging Gila Johnson for her hard work

Connie and David Blacher
in appreciation of Temple Judea

Judy Fleishman
*in loving memory of my husband,
Harley Fleishman*

Sybil Michelson
in loving memory of Gerald H. Michelson

Giselle Solomovitz
*in loving memory of my mother,
Miriam Solomovitz*

Susan Wolf-Schwartz
*in loving memory of Janet Masur,
mother of Penny Masur*

Camp Fund

Connie and David Blacher
in appreciation of Temple Judea

Carol Slater and Jordy Brown
in honor of Carole Weller's special birthday

Amy and Wayne Gould
*in loving memory of Joshua Evan Levine,
son of Julie and David Buckner*

Carol Slater
in loving memory of my mother, Belle Roberts

Cantor's Discretionary Fund

Lesley and Steven Birenbaum
*in loving memory of Wini Suss
beloved friend of Jasmine Forrest*

Connie and David Blacher
in appreciation of Cantor Alicia

Zena and Harvey Hafetz
*in loving memory of Al Hafetz,
beloved father of Harvey Hafetz*

Beatrice and David James
*in loving memory of Mayer Safran,
father of Beatrice James*

Charlotte and Norman Plotsky
in loving memory of Benjamin Wilen

Cheryl and Neil Schlackman
*in loving memory of Harriet Goldberg,
mother of Cheryl*

Carol Shain
*in loving memory of my mother,
Rose Greenberg*

Sandy and Rabbi Elliott Spar
*thanking Cantor Alicia for always enhancing
our spirituality*

Stephanie and Brent Wolmer
*in loving memory of Janet Masur,
mother of Penny Masur*

General Fund

Anne Arnold
*in loving memory of Arnold "Arky" Mullens,
beloved father of Susan Morgan and
Penny Miller*

Barbara Bailey
*in loving memory of my parents,
Jack and Dorothy Swerdloff*

Jan and Andrew Balcombe
*in loving memory of Arnold "Arky" Mullens,
beloved father of Susan Morgan and
Penny Miller*

Rosalind Bershatsky
*in loving memory of Arnold "Arky" Mullens,
beloved father of Susan Morgan and
Penny Miller*

Natalie and Bob Berson
*in loving memory of Arnold "Arky" Mullens,
beloved father of Susan Morgan and
Penny Miller*

Connie and David Blacher
in appreciation of Temple Judea

Norma Bolden
*in loving memory of Arnold "Arky" Mullens,
beloved father of Susan Morgan and
Penny Miller*

Lyna Breslow
*in loving memory of Bob, husband of
Rita Mosca*

Marcy Brown
*in honor of Jeri and Harvey Siegel's
anniversary, Mazel Tov
Mazel Tov to Zena and Harvey Hafetz
on their anniversary*

Greta Cirlin
*in loving memory of my husband,
Richard Cirlin*

Arlene Cohen
*in loving memory of my mother,
Elaine Rabinovitch*

*in loving memory of my father,
Sam Rabinovitch*

The Garfinkel and Harris Families
*in loving memory of Arnold "Arky" Mullens,
beloved father of Susan Morgan and
Penny Miller*

Lilly and Harold Felsen
in loving memory of Charles Felsen

Faye Rosch and Marty Frank
*in loving memory of Janet Masur,
mother of Penny Masur*

*in loving memory of Barbara,
beloved wife of Fred Fields*

Ellyn Burlakoff and Larry Gelfand
*in loving memory of Howard Breslow,
beloved husband of Lorraine*

Marilyn and Hy Gluck
*in loving memory of Arnold "Arky" Mullens,
beloved father of Susan Morgan and
Penny Miller*

Ruth Gonzalez

*in honor of Barbara Bailey's new
granddaughter, Kira. Mazel Tov!*

Andrea and Warren Grover
*in loving memory of Arnold "Arky" Mullens,
beloved father of Susan Morgan and
Penny Miller*

Judy and Mike Herman
*in honor of the "big" birthdays of our dear
friends, Beverlee and Walter Schiff*

Abby and Eric Jablin
*in loving memory of Barbara,
beloved wife of Fred Fields
in loving memory of Janet Masur,
mother of Penny Masur*

Susanne Jonas Levy
*in loving memory of Arnold "Arky" Mullens,
beloved father of Susan Morgan and
Penny Miller*

Sandi and Bill Katz
in loving memory of our father, Herman Katz

Marty Katz
*in loving memory of Janet Masur,
mother of Penny Masur*

Bernard Levine
in loving memory of Shirley Levine

Karen Lowenstein
*in loving memory of Robert,
Charlotte Gittleman's brother
in loving memory of Janet Masur,
mother of Penny Masur*

Randy and Matthew Metzger
*in loving memory of Mildred Nussbaum,
mother of Randy*

Joe Miller
thank you for your donation

Rhoda and Bruce Miller
*in loving memory of Arnold "Arky" Mullens,
beloved father of Susan Morgan and
Penny Miller*

Judy Wilkinson and Guy Motzer
*in loving memory of Arnold "Arky" Mullens,
beloved father of Susan Morgan and
Penny Miller*

Elinor and Harold Oertell
thank you for your donation

Melanie, Keith, Cassie and Jordan Paulus
*in honor of the 60th wedding anniversary
of Rosalee and Bob Savel*

Susan and Ivan Popkin
*in loving memory of Arnold "Arky" Mullens,
beloved father of Susan Morgan and
Penny Miller*

Sherry and Ron Powell
*in loving memory of Arnold "Arky" Mullens,
beloved father of Susan Morgan and
Penny Miller*

Ann Belle and Seymour Rosenberg
*in loving memory of Arnold "Arky" Mullens,
beloved father of Susan Morgan and
Penny Miller*

General Fund cont'd.

Zelda Ross

in loving memory of Alan Ross

Laurie Reed Ross

in loving memory of Arnold "Arky" Mullens, beloved father of Susan Morgan and Penny Miller

Rosalee and Bob Savel

in loving memory of Janet Masur, mother of Penny Masur

in loving memory of Barbara,

beloved wife of Fred Fields

in honor of our aunt,

Rosalie Stern's 96th birthday!

Lois and Mike Schaffer

in loving memory of Sandra Markin

Carol and Harvey Schafler

in loving memory of Arnold "Arky" Mullens, beloved father of Susan Morgan and Penny Miller

Susan and Clark Schubach

in loving memory of Arnold "Arky" Mullens, beloved father of Susan Morgan and Penny Miller

Phyllis and Mickey Schulman

in loving memory of Chuck Mincer,

husband of Linda

Judy and Dan Schwartz

in loving memory of Arnold "Arky" Mullens, beloved father of Susan Morgan and Penny Miller

David Schwartz

in honor of Rabbi Yaron and Cantor Alicia

for the uplifting Shabbat services

Marcia, Andrew and Daniel Shuman

in loving memory of Arnold "Arky" Mullens, beloved father of Susan Morgan and Penny Miller

Charlotte and Herbert Shuman

in honor of Rosalie Stern's 96th birthday

Jeri and Harvey Siegel

in loving memory of Laura,

Harvey Siegel's mother

Francine and Herbert Snyder

in loving memory of Arnold "Arky" Mullens, beloved father of Susan Morgan and Penny Miller

Susan and Donald Wolk

in loving memory of Beryl Wolk,

brother of Donald Wolk

L'Dor Vador Endowment Fund

Connie and David Blacher

in appreciation of Temple Judea

Gloria Hay & Calvin M. Schwartz Caring Community Fund

Connie and David Blacher

in appreciation of Temple Judea

Judy Fleishman

thanking the Caring Committee for all their TLC

Sheree and Cary Friedlander

in loving memory of Janet Masur,

mother of Penny Masur

Elaine and Rick Garrison

in loving memory of Janet Masur,

mother of Penny Masur

Wendy and Edward Gray

in honor of Aaron Kurtzman's birthday

in honor of Beverlee and Walter Schiff's

special birthdays. Mazel Tov!

Janie and Gene Meyers

in appreciation of the Caring Committee's

kindness and concern

Naomi Rothstein

thanking Pat Sensat for the "good samaritan" act

N. Deborah and Michael Stapler

to honor the memory of our mothers,

Paula D. Segall and Reba R. Stapler

Bobbi Stern

in honor of Beverlee and Walter Schiff's

special birthdays. Mazel Tov!

Rabbi's Discretionary Fund

Barbara and Peter Aschheim

in loving memory of Gertrude Aschheim

David Bartos

in loving memory of Dr. Emil S. Bartos

Connie and David Blacher

in appreciation of Rabbi Yaron

Joan P. Curhan

in loving memory of Abram David Kislak,

father of Stephanie Kislak Tamposi

Mike Englesher

in loving memory of my wife, Sandi

Shelly and Judd Ettinger

in honor of Beverlee and Walter Schiff's

special birthdays. Mazel Tov!

in honor of the Bat Mitzvah of Marjorie and

Norman Bean's granddaughter

Judy Fleishman

thanking Rabbi Yaron for his kindness and

prayers

Sheree and Cary Friedlander

in honor of Kira Nguyen Bailey, granddaughter

of Barbara Bailey and daughter of Tiffani and

Jason

Murray Friedman

in loving memory of my wife, Shirley Friedman

Marvin Glickstein

in loving memory of my wife, Patricia Glickstein

Zena and Harvey Hafetz

in loving memory of Al Hafetz,

beloved father of Harvey Hafetz

Marjorie Janicola

in appreciation of Rabbi Yaron

Dale and Joel Langer

in loving memory of Sara Langer

Ann and Paul Levine

in loving memory of Sandra Markin,

a woman of valor

Howard Markin

in loving memory of my wife, Sandra and

thanking Rabbi Yaron for his kindness during

this difficult time

Sharon and Jeffrey Nadelson

in loving memory of Sandra Markin,

beloved wife of Howard

Marjorie and David Housen and Joanne Rose

in loving memory of our beloved father,

David Housen

Cheryl and Neil Schlackman

in loving memory of Rose Schlackman,

mother of Neil

Michele and David Schlisserman

in appreciation of Dick Lesser and with much

gratitude

Phyllis Shuster

in honor of Stuart Lockman's 70th birthday!

Sandy and Rabbi Elliott Spar

thanking Rabbi Yaron for always enhancing

our spirituality

Stephen Tuber

in loving memory of my father, Harry Tuber

Terry Vaccaro

wishing a speedy recovery to Pat Sensat

Nancy and Mickey Wollman

wishing Vicki Slotnick a speedy recovery

Religious School Fund

Connie and David Blacher

in appreciation of Temple Judea

Carol Slater and Jordy Brown

in honor of Carole Weller's special birthday

Toby Greenberg

in honor of Aaron Kurtzman's 90th birthday

Phyllis Izenberg

in loving memory of my mother, Vera Weisberger

Marion Madoff

in loving memory of my son, Roger Madoff

Barbara and David Mulholland

in loving memory of Muriel Weingrow,

mother of Terry Vaccaro

Susan Paul

in loving memory of my parents,

Judy and Joe Katz

Social Action Fund

Connie and David Blacher

in appreciation of Temple Judea

Carol Slater and Jordy Brown

in honor of Beverlee and Walter Schiff's

special birthdays. Mazel Tov!

Ruth Gonzalez

in loving memory of Janet Masur, mother of

Penny Masur

Barbara and David Kiner

in loving memory of Joseph Kiner

Sybil Michelson

in loving memory of Wini Suss

Lois Morse

in loving memory of Evelyn Fierstein,

aunt of Samuel and Phoebe

Elinor and Barry Schimel

in loving memory of Louis Schimel

Charles Surber and Mark Troen

in honor of Barbara Neuberg for her friendship

in loving memory of Muriel Weingrow,

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Susan and Douglas Warsett

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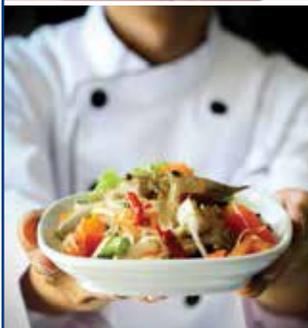


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Dementia & Alzheimer's Specialist
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Author: Elder Care 911*

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Congratulations to Eric S. Glasband for being named to the 2012, 2013, 2014, 2015, 2016, 2017, 2018 and 2019 *Barron's* "Top 1,200 Financial Advisors" lists, and the 2018 and 2019 *Forbes* "Best-in-State Wealth Advisors" lists.



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Source: *Barron's* "Top 1,200 Financial Advisors" list, 2012–2019. The ranking considered advisors with a minimum of seven years financial services experience and have been employed at their current firm for at least one year. This is a list of the top advisors in each state, with the number of ranking spots determined by each state's population and wealth. Other quantitative and qualitative measures include assets under management, revenues generated by advisors for their firms, and the quality of the advisors' practices, regulatory records, internal company documents, and 100-plus points of data provided by the advisors themselves. *Barron's* is a trademark of Dow Jones & Company, Inc. All rights reserved. Rankings and recognition from *Barron's* are no guarantee of future investment success and do not ensure that a current or prospective client will experience a higher level of performance results and such rankings should not be construed as an endorsement of the advisor.

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